



## PSYO380H: Cyberpsychology

Summer Term II: Mon and Thurs, July 4<sup>th</sup> - Aug 11<sup>th</sup> 2022  
Instructor: Katherine Rose, B.A., M.A.

### Contact

Please **email** me at [katherine.rose@ubc.ca](mailto:katherine.rose@ubc.ca) directly (please do not use Canvas messenger). Please allow 24 hours for response. There is no guarantee of a response on Saturdays and Sundays.

### Office hours

Virtual office hours are available by appointment. To schedule, please e-mail with availability.

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### Course Description

The course pertains to the study of *cyberpsychology* with a focus on Internet technology. As such, themes of this course include the growth of the Internet, online interactions, and the impact of the Internet on the human psyche. Throughout this course, we will explore motivations for, patterns of, and outcomes of online behaviours that fall on a spectrum from usual to illegal. Students who complete this course will be able to evaluate issues and topics within the field of cyberpsychology including well-being, consumer behaviour, privacy, computer-mediated communication, social networking, online relationships, and Internet crimes.

### Requirements for Online Delivery

Students must have access to a *laptop or desktop computer and stable internet connection*. Students are expected to turn on their email notifications for announcements (set under your Account).

### Course Format

Course lectures will be pre-recorded and will be posted on Canvas per the schedule below. **Lecture content will be posted by scheduled class time (1:00pm PT)** per the schedule below. Students can review the material at their own pace; however, it is *highly* recommended that students keep up with the weekly schedule so they are prepared for the course evaluations. Assigned articles and chapters are available for free through the Library Online Course Reserves tab in Canvas. For efficient studying, pay attention to key definitions, theories, research findings, and take-home points. You will never be tested on research methodology or statistical analyses; instead, I will focus on the key findings and implications of readings.

### Learning Outcomes

After completing this course and all lectures, students will be able to:

1. Explain the effects of the Internet on well-being from a health and developmental perspective
2. Appraise the efficacy of computer-mediated communication in a variety of contexts (e.g., self-presentation, romance, deception)
3. Predict the impact of a problematic online behavior on the user or target
4. Evaluate a real-world example of criminal online behavior based on research and legal criteria
5. Discuss a wide range of issues related to the internet and human behaviour with consideration of research findings, research limitations, and ideas for future research



## Course Evaluation

### 1. Participation (20%)

Participation activities will be posted under the Assignments tab in Canvas. I will post one per week with the second lecture. There are 6 assignments (4%) each, meaning you only need to complete 5 activities to earn 20%. If you do 6, I will simply take your highest-graded 5. To achieve full marks, students must complete all elements of the prompt (2 points) AND demonstrate thoughtfulness and creativity/critical thinking (2 points). Participation assignments that are late will **not** be marked. Therefore, it is recommended that you submit your assignments as early as possible, so that it is not marked late. If an unforeseen event or conflict of responsibility arises, **you must request an academic concession as soon as possible**. If technical difficulties prevent you from submitting your assignment on Canvas, please (a) document the difficulty (e.g., screenshots), and (b) e-mail your instructor your assignment so I still receive it in time. Difficulties that are not reported in a timely manner or that are not substantiated may result in that assignment still not being graded.

### 2. Midterm Exam (40%)

The midterm exam will consist of multiple-choice questions drawn from *all* course content covered up to and including the CMC lecture on July 18th. This is a 2-hour, open-book quiz delivered on Canvas. Students are permitted to use *only* class material (i.e., lectures, slides, readings). The use of any other source (e.g., websites, classmates) is strictly prohibited. Being familiar with course content will help you to complete the examination in a timely fashion. Further exam details will be released in advance of the exam. **The midterm will occur during the scheduled class time at 1:00pm PT on July 25<sup>th</sup>**. Students who miss their exam without justification or documentation will receive a grade of 0%.

### 3. Final Exam (40%)

The final exam will also consist of only multiple-choice questions. Expectations and guidelines for the final are identical to the midterm above. Your final is not cumulative. The examination period for Term II of Summer 2022 is August 15<sup>th</sup>-19<sup>th</sup>. **The final exam will be scheduled by the Registrar's office.**

### 4. Optional Thought Paper (15%)

The paper is an optional assignment that will replace 15% from the value of your final exam. Students will complete a brief essay (3-4 pages) in response to a prompt. Students will be graded on content, critical and creative thinking, quality of writing, and APA formatting. The deadline to accept or drop the assignment is **July 28<sup>th</sup>** and the assignment is due **August 11<sup>th</sup> on Canvas**. Unexcused late papers are subject to a **10% penalty per day** and will be subject to a mark of 0% if unsubmitted by end of the exam period. Please note that you also cannot “drop” the assignment or change its value *after* receiving your grade.

### 5. SONA Credit (2%)

Students may also earn up to 2% of SONA credits towards their course grade. **See last pages of syllabus.**

Final grades will be based on the evaluations listed above and will be assigned according to the standardized grading system (<http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,41,90,1014>) outlined in the UBC Okanagan Calendar. The instructor reserves the right to re-allocate the assigned percentages above to accommodate an individual's student need (i.e., academic concessions). Students will be able to view their final grades on Canvas and **will have 48 hours from date of posting to alert the instructor to any calculation errors before grades are submitted**. The Barber School reserves the right to scale grades in order to maintain equity among sections and conformity to University, faculty, department, or the school norms. Students should therefore note that the faculty, department, or school might change an unofficial grade given by an instructor.



## Conflicts, Late, or Missed Evaluations

**The following is an overview of UBCO's campus-wide policy of academic concessions.** Students are asked to familiarize themselves with the *full* policy. You can view the policy by copying/pasting this link: <http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,48,0,0#11831>. Students may request an academic concession in circumstances that may adversely affect their attendance or performance in a course or program. Students who feel that requests for consideration have not been dealt with fairly by their instructors may take their concerns first to the Head of the discipline, and if not resolved, to the Office of the Dean. Generally, such circumstances fall into one of two categories: *conflicting responsibilities* and *unforeseen events*.

Students with *conflicting responsibilities* have a duty to arrange their course schedules so as to avoid as much as possible any conflicts with course requirements. Students with such responsibilities are also required to discuss with their course instructor(s) at the start of each term, or as soon as a conflicting responsibility arises, any accommodation that may be requested. Instructors may not be able to comply with all such requests especially if the academic standards and integrity of the course or program could be compromised. In accordance with UBC Policy 65: Religious Holidays, students who wish to be accommodated for religious reasons must notify their instructors in writing at least two weeks in advance, and preferably earlier.

Students who, because of *unforeseen events* or, are absent during the term and are unable to complete tests or other graded work, should discuss with their instructors how they can make up for missed work. Instructors are not required to make allowance for any missed test or incomplete work that is not satisfactorily accounted for. If ill health is an issue, students are encouraged to seek attention from a health professional. Campus Health and Counselling will normally provide documentation only to students who have been seen previously at these offices for treatment or counselling specific to conditions associated with their academic difficulties. Documentation provided for the instructor must be signed in ink. Students who, because of unforeseen events, experience a prolonged absence during a term or who miss a final or term-end examination, must report to their dean or director to request academic concession as close as possible to the time when attendance is adversely affected.

### “Attendance” Policy

Students who neglect their academic work and assignments may be excluded from final examinations. Students who are unavoidably absent from the course because of illness or disability should report to their instructors on return to classes. Any request for academic concessions must be clearly expressed.

### Academic Integrity

The academic enterprise is founded on honesty, civility, and integrity. As members of this enterprise, **all students are expected to know, understand, and follow the codes of conduct regarding academic integrity.** This means submitting only original work done by you and acknowledging all sources of information or ideas and attributing them to others as required. This also means you should not cheat, copy, or mislead others about what is your work. **Violations of academic integrity (i.e., misconduct) are subject to harsh sanctions, including an assigned mark of 0% in the evaluation, and more serious consequences if the matter is referred to the President's Advisory Committee on Student Discipline.** Careful records are kept in order to monitor and prevent recurrences. Students will be provided a reminder of these policies before evaluations. Information on academic integrity, including the University's policies and procedures, may be found here: <http://www.calendar.ubc.ca/okanagan/?tree=3,54,111,0>. University policy on student conduct during examinations can be found here: <http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,41,89,1009>



## Course Schedule

Students will be notified of any changes. Recorded lecture and slides will be posted on Canvas. Readings that cover content not discussed by the instructor are still fair game for examination. As a friendly reminder, readings are available under the Library Online Course Reserves tab in Canvas. Select lectures may also feature special guest speaker content and/or videos for students to watch. Guest speakers are not required to submit slides.

Date	Topic	Assigned Readings
July 4	Internet and Human Development	Madigan et al. (2019); Carson et al. (2021)
July 7	Internet, Health, and Wellbeing	Frisson & Eggermont (2015); Woods & Scott (2015)
July 11	Online and Digital Marketing	Connolly Chapter 16; Jin et al., 2019
July 14	Self-Presentation and Dating	Antheunis et al. (2020); Dai & Robbins (2021)
July 18	CMC & Deception ( <b>exam cutoff</b> )	Whitty: Chapter 11; Hancock et al., 2018
July 21	Pathological Internet Behaviours	Whitty: Chapter 10; Ko et al., 2020
July 25	<b>Midterm Exam</b>	<b>1:00pm PT on Canvas. Details to follow.</b>
July 28	Cyberbullying*	Ang & Go, 2010; You & Lee, 2019
Aug 1	<b>No class (stat holiday)</b>	
Aug 4	Cybercrime and Security	Branson & March (2021)
Aug 8	Crimes against Children	Whitty: Chapter 14; Black et al. (2015)
Aug 11	The Future of Cyberpsychology**	Connolly: Chapters 20-21; Hanoch et al. (2021)

\* Last day to enroll in thought paper by emailing instructor (also last day to drop if you had enrolled).

\*\* Thought paper due 1:00pm Pacific Standard Time in Canvas, submit in Assignments.

## Expectations for Privacy, Respect and Security

1. In this course, it is possible that students or the instructor may disclose personal information. It is important that everyone understands and agrees that for safety, the personal information of class members should not be divulged to persons outside the class. Doing so will be seen as breach of privacy.
2. Given the nature of the course content, some material will be sensitive. The instructor commits to always giving proper introduction and notice for topics of this kind.
3. It is to be anticipated that students will have diverse opinions, feelings, and ideas throughout this course. This course is conducted with the utmost respect for differing views, and students are expected to discuss course content with the same respect. Bullying, foul language, or harassment of any kind in this course will not be tolerated. **This is a safe and welcoming online space for everyone.**
4. No course material, including lectures, exams, or handouts, are to be copied or distributed.



## Copyright Disclaimer

Diagrams and figures included in lecture presentations adhere to Copyright Guidelines for UBC Faculty, Staff and Students <http://copyright.ubc.ca/requirements/copyright-guidelines/> and UBC Fair Dealing Requirements for Faculty and Staff <http://copyright.ubc.ca/requirements/fair-dealing/>. Some of these figures and images are subject to copyright and will not be posted to *Connect*. All material uploaded to *Connect* that contain diagrams and figures are used with permission of the publisher; are in the public domain; are licensed by Creative Commons; meet the permitted terms of use of UBC's library license agreements for electronic items; and/or adhere to the UBC Fair Dealing Requirements for Faculty and Staff.

Access to the *Canvas* course site is limited to students currently registered in this course. Under no circumstance are students permitted to provide any other person with means to access this material. Anyone violating these restrictions may be subject to legal action. Permission to electronically record any course materials must be granted by the instructor. Distribution of this material to a third party is forbidden.

## Student Resources

### UBC Okanagan Disability Resource Centre

Phone 250.807.9263 | Email [earllene.roberts@ubc.ca](mailto:earllene.roberts@ubc.ca) | Visit [www.ubc.ca/okanagan/students/drc](http://www.ubc.ca/okanagan/students/drc)

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The Disability Resource Centre ensures educational equity for students with disabilities, injuries or illness. If you are disabled, have an injury or illness and require academic accommodations to meet the course objectives, please contact Earllene Roberts, the Diversity Advisor for the Disability Resource Centre located in Commons Corner in the University Centre building (UNC 227).

### UBC Okanagan Ombuds Office

Phone 250.807.9818 | Email [ombuds.office.ok@ubc.ca](mailto:ombuds.office.ok@ubc.ca) | Visit <http://ombudsoffice.ubc.ca/ubc-okanagan-2/>

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The Ombuds Office offers independent, impartial, and confidential support to students in navigating UBC policies, processes, and resources, as well as guidance in resolving concerns related to fairness. Located in UNC 227B.

### UBC Okanagan Equity and Inclusion Office

Phone 250.807.9291 | Email [equity.ubco@ubc.ca](mailto:equity.ubco@ubc.ca) | Visit [www.ubc.ca/okanagan/equity](http://www.ubc.ca/okanagan/equity)

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UBC Okanagan is a place where every student, staff and faculty member should be able to study and work in an environment that is free from discrimination and harassment. UBC prohibits discrimination and harassment on the basis of the following grounds: age, ancestry, colour, family status, marital status, physical or mental disability, place of origin, political belief, race, religion, sex, sexual orientation or unrelated criminal conviction. If you require assistance related to an issue of equity, discrimination or harassment, please contact the Equity and Inclusion Office. Located in UNC 227C.

### Sexual Violence and Prevention Response Office

Visit: <https://svpro.ok.ubc.ca> | Phone 250-807-9640

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A safe place for faculty, staff, and students who have experienced sexual assault regardless of identity, expression, orientation, regardless of when or where it took place.



## Health & Wellness

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Counsellors provide a space for students to examine and explore behaviors, relationships, feelings, or thoughts which cause concern or challenges in their life. Whether these problems are primarily impacting personal, social, or academic life, a counsellor can help to strengthen a student's ability to cope and provide a valuable source of support. UBCO's services operate from a stepped care counselling model. Visit their website for more information on these services and related resources, such as self-help, apps, groups and workshops, and other counselling services: <https://students.ok.ubc.ca/health-wellness/counselling-mental-health/>. For emergent situations: Please use one of the following telephone numbers

- Health and Wellness 250-807-9270 (Mon-Fri, 9am-4pm)
- Security 250-807-8111 (emergency)
- Security 250-807-9236 (non-emergency)
- 24 Hour Crisis line 1-800-784-2433 (1-800-SUICIDE)
- 24 Hour Nurses Help Line 811

### Walk-in Wellness Clinic (Resumes September 2022)

Phone 250.807.8241 (1 for reception) | Email [ipc.ok@ubc.ca](mailto:ipc.ok@ubc.ca)

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We are providing brief (up to 30 minute) Psychological First Aid services by telehealth. Services are available to any individual in British Columbia (age 16+) who is experiencing stress or having difficulty coping at this time. The walk-in well-being clinic provides clients with support, tools, and resources on topics such as depression, anxiety, stress, self-care, substance use, and relationships. Clinicians are Masters and PhD level graduate students who are supervised by UBCO registered psychologists. Operating hours are Tuesday and Thursday between 11am and 3 pm. Please note, the clinic is closed July-Aug and will resume September 2022.

### Problematic Substance Use Clinic

Phone 250.807.8241 (1 for reception) | Email [ipc.ok@ubc.ca](mailto:ipc.ok@ubc.ca)

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The Problematic Substance Use Clinic is a low-barrier outpatient treatment service for individuals seeking help to reduce harm associated with their use of alcohol or other substances. The treatment team will develop individualized intervention using empirically supported approaches, including Cognitive-Behavioural Therapy (CBT) and Motivational Interviewing (MI) to help clients attain their substance use goals. Treatment is provided by doctoral level clinical psychology students under the supervision of Dr. Zach Walsh, an expert in the field of substance use. Visit the website for more information at: <https://psych.ok.ubc.ca/psychology-clinic/problematic-substance-abuse-clinic/>

### Voice Campus Health Project's Virtual Drop-in Substance Use Support

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Campus Health offers online support sessions for students to answer any substance use questions. Drop-in sessions are held over Zoom on Thursdays from 12:00 PM to 2:00 PM PST. Supports offered include drug education (types of substances, administration, mixing, etc.), where to access naloxone or fentanyl test strips nearest you, substance use referrals to different community partners, and support to help friends who may be struggling. This program is offered through [The Wellness Centre: Online](#), a Canvas-based hub for 24/7 access to self-care modules and resources that include sessions with nurses, counsellors, and peers, wellness tips, community connections, and support. **To access:** Visit <https://canvas.ubc.ca/enroll/3XXRJ3> to enroll. Select "Modules" followed by "substance use" and "harm reduction services". You will see a link to the drop-in zoom with passcode.





### UBC Student Assistance Program

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Offered by Aspira, the UBC Student Assistance Program (SAP) is a free, 24/7 wellness resource for students. Services include personal counselling, life coaching, group programs and more, based on your needs. UAP can help with a wide range of issues, including student life, health and wellness, or finances. This is a confidential space to discuss your concerns, with multiple language options available. You will be directed to wellness and counselling resources based on your needs. For more information on these services, visit their website: <https://students.ok.ubc.ca/health-wellness/student-assistance-program/>

#### To access:

- **Telephone:** If you're within North America, call toll-free 1 833 590 1328. If you are outside of North America, call collect 1 604 757 9734.
- **Online:** Log in to the Aspira website (<http://aspirasap.resourcesforyourlife.com/>) by using UBCO for both the student code and password. Here, you can connect with a counsellor by doing the following: Click on the "Live connect online" button at the top right to start an instant messaging chat session. Click on the "Contact a counsellor" link at the bottom right to request that a counsellor contact you directly. All inquiries will be responded to within two hours.
- **Mobile app:** Download the iConnectYou mobile app through [Google Play](#) or the [Apple App Store](#) and use the login code *UBCO*. After downloading iConnect, you will be asked to enter your name, email, personal password, as well as a "Company Passcode" (use *UBCO*). Also make sure you enter the correct time zone. Once the iConnectYou app is downloaded to your phone, you can connect with a counsellor by:
  - Clicking on the "SMS" feature to communicate with a counsellor via text messaging
  - Accessing the "Video Call" to connect directly with a counsellor
  - Clicking on the "IM Chat" feature to chat with a counsellor
  - Using the "Call" feature to speak directly to a counsellor

#### Safewalk

Phone 250.807.8076 | Visit <http://www.ubc.ca/okanagan/students/campuslife/safewalk.html>

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Don't want to walk alone at night? Not too sure how to get to somewhere on campus? Contact Safewalk.



## SONA: RESEARCH ACTIVITY

Students earn Sona credit from participating in research activity. This can be either through direct participation in research through the Sona online volunteer subject pool (Option 1), by completing summaries of primary research articles (Option 2), or by a combination of the two types of activities.

### Research Participation (Option 1)

As a participant in one of numerous Psychology Department Subject Pool experiments posted at <http://ubco.sona-systems.com/>, you will obtain 0.5% credit for each 0.5 hour of participation at UBCO. Hence, participation requiring a 1-hour time commitment provides a credit of 1%, 1.5 hours provides a credit of 1.5%, and 2 hours provides a credit of 2.0%, etc.

#### *Important Requirements:*

You may participate in more than one experiment in order to accrue credits. It is important to sign up for experiments early in the semester to increase the odds that a timeslot is available. If you wait until late in the semester, all timeslots may be taken. **IMPORTANT:** Please note, due to concerns related to COVID-19, only online studies will be hosted on Sona.

#### *Logging On to The System:*

Sona is only open for those students who are registered in a psychology course offering Sona credit. Please only use the request account option if you have never used the Sona system before. If you have used the Sona system before, please use the most recent login information you remember to log in.

#### *Missed Appointments & Penalties:*

Missed appointments (i.e., failure to cancel the appointment at least 3 hours prior to the session) will be tracked. The consequence will be that you will not receive credit for participation in the experiment and will lose the credit value of the study from possible marks associated with participation in research.

Please email [psyc.ubco.research@ubc.ca](mailto:psyc.ubco.research@ubc.ca) with any questions or concerns that you may have regarding the Sona system, including unassigned bonus credits. Your professor does NOT have access to this information.

### Research Summary Assignment (Option 2)

As an alternative to Research Participation (above), you may obtain subject pool credit by completing library-writing projects to a satisfactory level. Each library-writing project is worth a total of two credits.

This assignment is due at least **14 days before end of term**. Remember, submitting the assignment 14 days in advance is necessary to ensure that you have an opportunity to make corrections, if required. If you do not check your email frequently, provide a phone number on the cover page.

#### *Important Requirements:*

1. This consists of reading and summarizing (in written form) a recent, peer-reviewed, primary research article.
  - A “recent” article has been published within the past 12 months.
  - A “peer reviewed” article is one that has been reviewed by other scholars before it is accepted – for example, it **cannot** be a news item, an article from a popular magazine, a notice, or a letter to the editor.
  - A “primary” research article describes an experiment or study where data are collected by the authors. In other words, the article you choose to review **cannot** be a book review, literature review, or summary article.





2. You must choose an article published by one of the following agencies:

- The American Psychological Society - *Psychological Science*, *Current Directions in Psychological Science*, *Psychological Science in the Public Interest*, or *Perspectives on Psychological Science*.
- The American Psychological Association - [www.apa.org/journals/by\\_title.html](http://www.apa.org/journals/by_title.html) has a full listing.
- The Canadian Psychological Association - *Canadian Psychology*, *Canadian Journal of Behavioural Science*, or *Canadian Journal of Experimental Psychology*.
- The Psychonomic Society - *Behavior Research Methods, Cognitive, Affective, & Behavioral Neuroscience*, *Learning & Behavior*, *Memory & Cognition*, *Perception & Psychophysics*, or *Psychonomic Bulletin & Review*.

3. Other Assignment Guidelines

The summary should be about 300-500 words in length. The source must be cited and referenced in accordance with the *Publication Manual of the American Psychological Association* (6<sup>th</sup> ed.). The review will be graded on a pass – fail basis (2% or 0%). At least **14 days before the end of classes** each term, submit the following to the course instructor:

- the article summary
- a copy of the article
- a cover page that specifies your name, student number, email address, and word count of the summary.
- the course title and number