



**PSYO 380D – 001 (3)**  
***Self and Social Perception***  
2022 Winter Term 1  
Wednesdays 9:30am-11am, LIB L317

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**Professor**

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*Office Hour:* Wednesdays 1-2pm in ART 323 or by appointment (Zoom or in-person)

**Teaching Assistant**

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**Academic Calendar Entry**

PSYO 380D (3) Self and Social Perception

Intensive examination of selected topics and issues in psychology.

Prerequisites: Two of PSYO 219, PSYO 220, PSYO 230, PSYO 241, PSYO 252, PSYO 270, PSYO 271, PSYO 298, PSYO 299. (or 6 credits of 200-level Psychology.)

**Course Format:** We will meet in-person Wednesdays and Fridays from 9:30am to 11am in LIB L317. I understand many students are enthusiastic about returning to in-person learning, as am I. That said, some students may be unable to attend in-person for a variety of reasons, including not feeling well. Please do not attend lecture if you are unwell. I encourage students to share notes and support each other if they are unable to attend for valid reasons.

Classes will primarily be lecture format but there will also be discussion, demonstrations, polling with iClicker, and videos. Material will be presented in class that is not covered in the readings.

**Course Description and Learning Outcomes:** This course examines the social and personality psychology literature emphasizing social perception - how people think about and make sense of their social worlds and the people in them, including themselves. We will cover topics including how well people know and like themselves, and the extent to which people understand others' personalities, emotions, and thoughts and feelings.

By the end of the course, students should be able to:

- 1) Recognize and describe key constructs and theories related to self-perception (the self-concept, self-knowledge, self-enhancement) and social perception (e.g., emotion detection, accurate personality judgments, lie detection).
- 2) Recognize and describe key findings from research in social and self-perception.
- 3) Understand common research methods in social and self-perception.
- 4) Apply knowledge of social and self-perception research to real world experiences.



**Recommended Readings:** There is no assigned textbook that you need to purchase. Weekly recommended readings will involve chapters from edited volumes or handbooks that will be provided to you via *Canvas*. These are recommended but not required. See the Course Schedule (pg. 8-9) for full details.

**Requirements for Technology for Online Delivery of Courses:**

In order to engage with this course online (if necessary), students are required to have a laptop or desktop computer and a stable internet connection. Lectures will be delivered in person, but also recorded and posted to *Canvas*.

If you have questions or concerns about technological requirements or issues, these resources may be useful:

<https://keeplearning.ubc.ca/setting-up/>

<https://students.ok.ubc.ca/academic-success/learning-hub/tech-support-for-online-learning/>

**Contact Procedures:**

Outside of office hours or class time, if you have questions about the course content or requirements, before emailing your TA or professor individually, please first follow the steps below, to help us respond as efficiently and consistently as possible:

1. **Check the syllabus.** There is a lot of detailed information within this syllabus (and Lecture 1). If you ask a question that is covered in the syllabus/Lecture 1, you will be asked to review it.
2. **Check/post on the discussion board on *Canvas*** to see if your question has already been answered and, if not, post your question there – your TA and I will check *Canvas* and respond to questions daily, just as frequently as email.
3. **If your email is of a more personal nature, please email your TA or professor as appropriate.** Emails sent to the professor that would be more appropriate for the TA will be forwarded to your TA. If your email is more appropriate for the professor, your TA will forward it for you or obtain a response for you. This helps ensure students are receiving consistent and timely responses.
  - When emailing, please include the course title in the email subject (PSYO 380D).
  - Please be patient – we will do our best to respond to emails within 24 hours.

**Assessment of Performance**

Type of assessment	% of grade	Assessment Date or Deadline
1.) Midterm 1	30%	October 7, 2022
2.) Midterm 2	30%	November 4, 2022
3.) Final Exam	40%	Final exam period (December 11 - 22)
4.) Paper (Optional)	15% (applied to lowest of above assessments)	November 25, 2022
5.) Participation	2% (Bonus)	Continuous
6.) Research Activity	2% (Bonus)	Continuous



**Midterm 1.** The midterm will be held during regular class time (9:30 - 11:00am). The midterm will be held in person. The midterm will cover all content between September 7 – October 5, inclusive, unless otherwise announced. There will be approximately 40 multiple-choice questions.

**Midterm 2.** The midterm will be held during regular class time (9:30 - 11:00am). The midterm will be held in person. The midterm will cover all content between October 12 – November 2, inclusive, unless otherwise announced. There will be approximately 40 multiple-choice questions.

**Final Exam.** The date, time, and location will be during final exam period (December 11 - 22), as set by the University. The final exam will be cumulative, meaning that it will cover material from the entire course, including all lecture content. However, the exam will emphasize content covered after the midterms. The final exam will include approximately 60 multiple choice questions.

**Paper (Optional).** This application paper will consist of a maximum four-page paper where you will describe and thoughtfully discuss the meaning and real-world importance of a concept (of your choosing) that we have covered in the course. If you choose to submit a paper, the weighting will come from the assessment with your lowest grade in the course. For example, if your lowest exam grade is Midterm 1, it will be worth 15% of your grade (instead of 30%). If your lowest grade is on the final exam, it will be worth 25%. If your lowest grade is on the paper, it will not count towards your final course grade.

Detailed instructions and rubric will be made available on *Canvas* well in advance of the paper due date. You are expected to work independently on this paper. That is, you must personally write all of the words in your paper and any sources you use must be appropriately referenced. Your paper may be submitted to a plagiarism detection software. Papers will be due on Friday November 25<sup>th</sup> by midnight PST, and can be submitted directly to *Canvas*.

**In-Class Participation (2% bonus).** You have the opportunity to earn bonus participation marks by attending lecture and answering questions (e.g., practice exam questions, sharing opinions, making predictions) during each lecture via iClicker. This is a cloud-based system that you can use with your own mobile device or computer. Please let me know as soon as possible if you are unable to bring your own device to lecture. See <https://lthub.ubc.ca/guides/iclicker-cloud-student-guide/> for details on how to get set up.

- Your grade will be based solely on participation – your actual response need not be correct (and not all questions have a correct answer). You do not need to complete all surveys to receive full marks:

Percent of Surveys Completed	Amount of Bonus %
80 – 100%	2
60 – 79%	1.5
40 – 59%	1
20 – 39%	.5
Less than 20%	0



- Surveys will begin immediately to test out the system, but will only count towards your grade as of September 21, after the add/drop deadline (September 19).
- To participate in surveys, you will need to attend lecture in person and respond to questions during class. There will be approximately 3-5 questions per class (and it is ok if you miss some because you arrived late or had to leave early). Because surveys are optional for bonus points, and because of how they are graded (e.g., you only need to complete 80% to receive the full 2% bonus), you cannot make up surveys or have an absence “excused”, no matter how valid.
- You are **not** permitted to respond on behalf of a classmate – because survey participation will be used to compute a portion of your grade, doing so constitutes an academic offense.
- To maintain a safe and respectful classroom environment, please ensure that any survey responses you submit are appropriate and relevant to the question asked. Please note that your responses are identifiable to the instructor.

**SONA (2% bonus).** See pages 11-12 of this syllabus for information how to participate in research or complete a research summary assignment to earn this bonus credit.

**Exam Procedures:** Unless otherwise announced, all exams will take place in person. All exams will be closed book. You will have one hour to complete the midterms. You will have two hours to complete the final exam; location and time to be set by the university.

#### **Additional Notes About Grades:**

Final grades will be based on the evaluations listed above and the final grade will be assigned according to the standardized grading system outlined in the UBC Okanagan Calendar.

Please note I do not “round up” final grades. It is policy in this course that final grades cannot be adjusted (through extra assignments or otherwise) in order to achieve a passing mark, higher letter grade etc. In order to maintain fairness within this course, requests for additional assignments as well as requests to round or “bump up” final grades will be denied.

Barber School reserves the right to scale grades in order to maintain equity among sections and conformity to University, faculty, department, or the school norms. Students should therefore note that an unofficial grade given by an instructor might be changed by the faculty, department, or school

(<http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,41,90,1014>).

#### **Missed/Late Assignments or Tests:**

Accommodations (i.e., make-up tests; assignment extensions) will not be given unless there is a valid reason for missing the initial deadline. Lack of planning, simultaneous assignments, or other conflicts do not qualify as valid reasons and instructors are not required to make allowance for any missed test or incomplete assignment (i.e., paper, activity) that is not satisfactorily accounted for. Please contact your instructor as soon as possible if you need to request an accommodation. In the occurrence of an unforeseen event (e.g., emergency hospitalization; illness; death in the family), you must contact your professor about the matter no longer than 24 hours after the missed test or assignment deadline. If ill health is an issue, students are encouraged to seek attention from a health professional. Campus Health and Counselling will



normally provide documentation only to students who have been seen previously at these offices for treatment or counselling specific to conditions associated with their academic difficulties.

**Missed Tests:** Students who miss a test must provide written documentation (i.e., doctor's note) of the absence to the instructor and must arrange to make up the test within one week of the original test date. Students who do not write the test by this time will receive a grade of "0". If you do not have a valid reason for missing a test, you will also receive a "0".

**Late Papers:** The optional paper due date is indicated on the course schedule. Extensions will not be given except in valid circumstances (described above). For every day that the assignment is late without a valid excuse, I will deduct 5 percentage points from your grade for that assignment. If a valid excuse is given, students will have 48 hours from the due date to submit the late assignment.

Students who feel that requests for consideration have not been dealt with fairly by their instructors may take their concerns first to the Head of the discipline, and if not resolved, to the Office of the Dean. Further information can be found at:

<http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,48,0,0>.

### **Academic Integrity Examination Policies for Closed-Book Exams:**

The examinations in this course are all closed-book, so you are **not** permitted to access any of the course materials, including your notes, during the exam. You are **not** to use any search engines or other programs. Nor are you to communicate with anyone – you are to work independently. Communication with other students (written, text, verbal, etc.) is also not permitted. If you violate these conditions you have engaged in Academic Misconduct and will be subject to the consequences articulated in the Academic Integrity section (see below).

### **Final Examination:**

The examination period for Term 1 is December 11 – 22. Except in the case of examination clashes and hardships (three or more formal examinations scheduled within a 27-hour period) or unforeseen events, students will be permitted to apply for out-of-time final examinations only if they are representing the University, the province, or the country in a competition or performance; serving in the Canadian military; observing a religious rite; working to support themselves or their family; or caring for a family member. Unforeseen events include (but may not be limited to) the following: ill health or other personal challenges that arise during a term and changes in the requirements of an ongoing job. Further information on Academic Concessions can be found under Policies and Regulations in the Okanagan Academic Calendar (<http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,48,0,0>). Out-of-time examination forms can be found at (<https://fass.ok.ubc.ca/student-resources/undergrad/student-forms/>) and must be sent to the Dean's office.

**Academic Integrity:** The academic enterprise is founded on *honesty, civility, and integrity*. As members of this enterprise, all students are expected to know, understand, and follow the codes of conduct regarding academic integrity. At the most basic level, this means submitting only original work done by you and acknowledging all sources of information or ideas and attributing



them to others as required. This also means you should not cheat, copy, or mislead others about what is your work. Violations of academic integrity (i.e., misconduct) lead to the breakdown of the academic enterprise, and therefore serious consequences arise and harsh sanctions are imposed. For example, incidences of plagiarism or cheating may result in a mark of zero on the assignment or exam and more serious consequences may apply if the matter is referred to the President's Advisory Committee on Student Discipline. Careful records are kept in order to monitor and prevent recurrences.

A more detailed description of academic integrity, including the University's policies and procedures, may be found in the Academic Calendar at <http://okanagan.students.ubc.ca/calendar/index.cfm?tree=3,54,111,0>.

**A Note Regarding Online Learning:** The shift to online learning has greatly altered teaching and studying at UBC, including changes to health and safety considerations. Keep in mind that some UBC courses might cover topics that are censored or considered illegal by non-Canadian governments. This may include, but is not limited to, human rights, representative government, defamation, obscenity, gender or sexuality, and historical or current geopolitical controversies. If you are a student living abroad, you will be subject to the laws of your local jurisdiction, and your local authorities might limit your access to course material or take punitive action against you. UBC is strongly committed to academic freedom, but has no control over foreign authorities (please visit <http://www.calendar.ubc.ca/vancouver/index.cfm?tree=3,33,86,0> for an articulation of the values of the University conveyed in the Senate Statement on Academic Freedom). Thus, we recognize that students will have legitimate reason to exercise caution in studying certain subjects. If you have concerns regarding your personal situation, consider postponing taking a course with manifest risks, until you are back on campus or reach out to your academic advisor to find substitute courses. For further information and support, please visit: <http://academic.ubc.ca/support-resources/freedom-expression>

**UBC Okanagan Disability Resource Centre:** The Disability Resource Centre ensures educational equity for students with disabilities and chronic medical conditions. If you are disabled, have an injury or illness and require academic accommodations to meet the course objectives, please contact Earllene Roberts, the Diversity Advisor for the Disability Resource Centre located in the University Centre building (UNC 214).

UNC 214 250.807.9263

email [earllene.roberts@ubc.ca](mailto:earllene.roberts@ubc.ca)

Web: [www.students.ok.ubc.ca/drc](http://www.students.ok.ubc.ca/drc)



## Psychology 380D: Self and Social Perception

### Tentative Course Schedule:

Note that there may be minor changes to the schedule and content of readings in this course. Any changes that impact midterm or due dates will be announced at least one week prior to those dates.

Day	Topic	Reading List
September 7	Course Introduction	Syllabus
September 9	Self-Concept	McConnell, 2011*
September 14 & 16	Self-Knowledge	Back & Vazire, 2012
September 21 & 23	Self-Evaluation	Leary & Terry, 2013
September 28	Self-Esteem & Self-Compassion	Neff, 2011
September 30	<b>No Lecture: National Day for Truth &amp; Reconciliation</b>	
October 5	<b>Midterm 1 Review Class</b>	
October 7	<b><u>Midterm 1</u></b>	
October 12	Self-Verification	Swann, Rentfrow, & Guinn, 2012
October 14	Empathic accuracy	Ickes, 2016
October 19	Emotion Recognition	Banziger, 2016*
October 21	Emotion Recognition Across Cultures	Elfenbein & Luckman, 2016
October 26 & 28	Affective Forecasting	Kushlev & Dunn, 2012
November 2	<b>Midterm 2 Review Class</b>	
November 4	<b><u>Midterm 2</u></b>	
November 9 & 11	<b>Study Break – No Classes</b>	
November 16	Lie Detection	Burgoon & Dunbar, 2016*
November 18	Detecting Social Attributes	Alaei & Rule, 2016
November 23	Accurate Personality Judgments	Letzring & Funder, 2019
November 25	Initial Attraction	
	<b><u>Optional Paper Due 5pm</u></b>	
November 30	Romantic Relationships	Luo & Watson, 2019
December 2	Social Cognition & Health	Taylor, 2013*
December 7	<b>Final Exam Review &amp; Course Wrap-Up</b>	

\*If you do the readings, I recommend you read only or skip the following sections of these readings, as indicated:



McConnell, 2011: Self-Concept

- Read only: Pgs. 1-16

Banziger, 2016: Emotion Recognition

- Read only: Pgs. 23-31 & 35-40
- Skip:
  - “Emotion constructs”
  - “The role of mimicry”
  - “Hormonal processes”

Burgoon & Dunbar, 2016: Lie Detection

- Skip: “Theoretical perspectives on deception detection”
  - Pgs. 76-80

Taylor, 2013: Social Cognition & Health

- Read only:
  - Introduction (pgs. 1-3)
  - Affective Cognition (pg. 10 – 13)
  - The Self and Health Outcomes (pg. 15)
  - Social Cognition, Social Interaction, and Health (pgs. 16-18)





### **Copyright Disclaimer:**

Diagrams and figures included in lecture presentations adhere to Copyright Guidelines for UBC Faculty, Staff and Students (<http://copyright.ubc.ca/requirements/copyright-guidelines/>) and UBC Fair Dealing Requirements for Faculty and Staff (<http://copyright.ubc.ca/requirements/fair-dealing/>). Some of these figures and images are subject to copyright and will not be posted to *Canvas*. All material uploaded to *Canvas* are used with permission of the publisher; are in the public domain; are licensed by Creative Commons; meet the permitted terms of use of UBC's library license agreements for electronic items; and/or adhere to the UBC Fair Dealing Requirements for Faculty and Staff. Access to the *Canvas* course site is limited to students currently registered in this course. Under no circumstance are students permitted to provide any other person with means to access this material. Anyone violating these restrictions may be subject to legal action. Permission to electronically record any course materials must be granted by the instructor. Distribution of this material to a third party is forbidden.

### **Land Acknowledgment:**

The online learning environment means that members of our course community are connecting from all over the world. Wherever you may be connecting from, please take a moment to acknowledge the land or territory that you are working and studying from and be grateful for the opportunity. The Okanagan campus is situated on the traditional, ancestral, and unceded territory of the Syilx Okanagan Nation, so for me, I acknowledge and respect the privilege I have to work and live in this territory. If you are interested in learning more about the land or territory you are living and working from, I encourage you to do so at this link: <https://native-land.ca>

### **UBC Okanagan Equity and Inclusion Office:**

UBC Okanagan is a place where every student, staff and faculty member should be able to study and work in an environment that is free from discrimination and harassment. UBC prohibits discrimination and harassment on the basis of the following grounds: age, ancestry, colour, family status, marital status, physical or mental disability, place of origin, political belief, race, religion, sex, sexual orientation or unrelated criminal conviction. If you require assistance related to an issue of equity, discrimination or harassment, or to get involved in human rights work on campus, please contact the Equity and Inclusion Office.

UNC 216 250.807.9291

Email: [equity.ubco@ubc.ca](mailto:equity.ubco@ubc.ca)

Web: [www.equity.ok.ubc.ca](http://www.equity.ok.ubc.ca)

### **Health & Wellness:**

At UBC Okanagan health services to students are provided by Health and Wellness. Nurses, physicians and counsellors provide health care and counselling related to physical health, emotional/mental health and sexual/reproductive health concerns. As well, health promotion, education and research activities are provided to the campus community. If you require assistance with your health, please contact Health and Wellness for more information or to book an appointment.

UNC 337 250.807.9270

email: [healthwellness.okanagan@ubc.ca](mailto:healthwellness.okanagan@ubc.ca)

Web: [www.students.ok.ubc.ca/health-wellness](http://www.students.ok.ubc.ca/health-wellness)

### **Student Learning Hub:**

The Student Learning Hub (LIB 237) is your go-to resource for free math, science, writing, and language learning support. The Hub welcomes undergraduate students from all disciplines and year levels to access a range of supports that include tutoring in math, sciences, languages, and writing, as well as help with study skills and learning strategies. For more information, please visit the Hub's website (<https://students.ok.ubc.ca/student-learning-hub/>) or call 250-807-9185.



**Office of the Ombudsperson for Students:**

The Office of the Ombudsperson for Students offers independent, impartial, and confidential support to students in navigating UBC policies, processes, and resources, as well as guidance in resolving concerns related to fairness.

Email: [ombuds.office@ubc.ca](mailto:ombuds.office@ubc.ca)

Web: [www.ombudsoffice.ubc.ca](http://www.ombudsoffice.ubc.ca)

**SAFEWALK:**

Don't want to walk alone at night? Not too sure how to get somewhere on campus? Call 250.807.8076

For more information, see: [www.security.ok.ubc.ca](http://www.security.ok.ubc.ca)

**Sexual Violence Prevention and Response Office (SVPRO):**

A safe and confidential place for UBC students, staff and faculty who have experienced sexual violence regardless of when or where it took place. Just want to talk? We are here to listen and help you explore your options. We can help you find a safe place to stay, explain your reporting options (UBC or police), accompany you to the hospital, or support you with academic accommodations. You have the right to choose what happens next. We support your decision, whatever you decide.

Visit [svpro.ok.ubc.ca](http://svpro.ok.ubc.ca) or call us at 250.807.9640

**Independent Investigations Office (IIO):**

If you or someone you know has experienced sexual assault or some other form of sexual misconduct by a UBC community member and you want the Independent Investigations Office (IIO) at UBC to investigate, please contact the IIO. Investigations are conducted in a trauma informed, confidential and respectful manner in accordance with the principles of procedural fairness.

You can report your experience directly to the IIO via email: [director.of.investigations@ubc.ca](mailto:director.of.investigations@ubc.ca) or by calling 604.827.2060 or online by visiting [investigationsoffice.ubc.ca](http://investigationsoffice.ubc.ca)



## RESEARCH ACTIVITY

Students earn Sona credit from participating in research activity. This can be either through direct participation in research through the Sona online volunteer subject pool (Option 1), by completing summaries of primary research articles (Option 2), or by a combination of the two types of activities.

### **Research Participation (Option 1)**

As a participant in one of numerous Psychology Department Subject Pool experiments posted at <http://ubco.sona-systems.com/>, you will obtain 0.5% credit for each 0.5 hour of participation at UBCO. Hence, participation requiring a 1-hour time commitment provides a credit of 1%, 1.5 hours provides a credit of 1.5%, and 2 hours provides a credit of 2.0%, etc.

#### *Important Requirements*

You may participate in more than one experiment in order to accrue credits. It is important to sign up for experiments early in the semester in order to increase the odds that a timeslot is available. If you wait until late in the semester, all timeslots may be taken.

#### *Logging On To The System*

Sona is only open for those students who are registered in a psychology course offering Sona credit. Please only use the request account option if you have never used the Sona system before. If you have used the Sona system before, please use the most recent login information you remember to log in.

#### *Missed Appointments & Penalties*

Missed appointments (i.e., failure to cancel the appointment at least 3 hours prior to the session) will be tracked. The consequence will be that you will not receive credit for participation in the experiment and will lose the credit value of the study from possible marks associated with participation in research.

Please email [psyc.ubco.research@ubc.ca](mailto:psyc.ubco.research@ubc.ca) with any questions or concerns that you may have regarding the Sona system, including unassigned bonus credits. Your professor does NOT have access to this information.

### **Research Summary Assignment (Option 2)**

As an alternative to participating in a Psychology Subject Pool experiment, you may obtain subject pool credit by completing library-writing projects to a satisfactory level. Each library-writing project is worth a total of two credits.

#### *Important Requirements*

1. This project consists of reading and summarizing (in written form) a recent, peer-reviewed, primary research article.
  - A “recent” article has been published within the past 12 months.



- A “peer reviewed” article is one that has been reviewed by other scholars before it is accepted – for example, it **cannot** be a news item, an article from a popular magazine, a notice, or a letter to the editor.
- A “primary” research article describes an experiment or study where data are collected by the authors. In other words, the article you choose to review **cannot** be a book review, literature review, or summary article.

2. You must choose an article published by one of the following agencies:

- The American Psychological Society - *Psychological Science*, *Current Directions in Psychological Science*, *Psychological Science in the Public Interest*, or *Perspectives on Psychological Science*.
- The American Psychological Association - [www.apa.org/journals/by\\_title.html](http://www.apa.org/journals/by_title.html) has a full listing.
- The Canadian Psychological Association - *Canadian Psychology*, *Canadian Journal of Behavioural Science*, or *Canadian Journal of Experimental Psychology*.
- The Psychonomic Society - *Behavior Research Methods, Cognitive, Affective, & Behavioral Neuroscience*, *Learning & Behavior*, *Memory & Cognition*, *Perception & Psychophysics*, or *Psychonomic Bulletin & Review*.

3. Other Assignment Guidelines

The summary should be about 300-500 words in length. The source must be cited and referenced in accordance with the *Publication Manual of the American Psychological Association* (6<sup>th</sup> ed.). The review will be graded on a pass – fail basis (2% or 0%). At least **14 days before the end of classes** each term, submit the following to the course instructor:

- the article summary
- a copy of the article
- a cover page that specifies your name, student number, email address, and word count of the summary.
- the course title and number

Submitting the assignment 14 days in advance is necessary to ensure that you have an opportunity to make corrections, if required. If you do not check your email frequently, provide a phone number on the cover page.