

**UNIVERSITY of BRITISH COLUMBIA OKANAGAN
PSYCHOLOGY 111 - SECTION 101 – CANVAS
INTRODUCTION TO PSYCHOLOGY
2021 WINTER TERM 2**

Professor: Dr. Paul Gabias

Email: paul.gabias@ubc.ca

Office Hours: Appointment by email.

About me: <https://youtu.be/EJ2xf1q8Ovw>

Required Text

Schacter, D. L., Gilbert, D. T., Nock, M. K., Johnsrude, I., & Wegner, D. M. (2020). *Psychology Canadian (5th Ed.)*. New York, New York: Worth Publishers.

Note: Students can purchase the e-book directly from within Canvas

<https://docs.google.com/presentation/d/1m4naKFAow9x4t6QuaaPjw3koZh3JHUGt9TbAqTfzVWE/edit?usp=sharing>

Purchase the Loose-leaf text from the **UBC Bookstore** <https://bookstore.ubc.ca/textbooks>

If you would like additional practice you can purchase **Launchpad** which includes the e-book along with practice quizzes, videos and other resources

<https://store.macmillanlearning.com/ca/product/Psychology-Canadian-Edition/p/1319190790>

Optional Videos

Zimbardo, P. (1990, 2001). *Discovering Psychology*. WGBH Boston with the American Psychological Association.

<https://www.learner.org/series/discovering-psychology/>

1. Past, Present, and Promise (Chapter 1);
2. Understanding Research (Chapter 2);
3. The Behaving Brain (Chapter 3);
7. Sensation and Perception (Chapter 4);
8. Learning (Chapter 7);
9. Remembering and Forgetting (Chapter 6).

Canvas

This course is being taught online via Canvas. To access Canvas go to www.Canvas.ubc.ca. Click on the Login button and proceed with your login name and password. You will then be able to access the content of all of your courses that are available on Canvas. In order to ensure that you'll receive emails for the course from Canvas, you'll need to add your email address to Canvas. Please **do not** email me from Canvas, as I cannot respond and I do not receive them in my UBC mail. Only use paul.gabias@ubc.ca. You can also email my Assistant, Cheryl Ash at cheryl.ash@ubc.ca. I post Lecture Recordings in the Lecture Recordings Module. Also, I post supplementary material in the Readings and Videos Module.

Tentative Schedule 2021 Winter Term 2

** Due to Covid 19, the lecture recordings will be available online on Canvas shortly after the scheduled times, in the afternoon. Zoom lecture recordings are posted on the Lecture Recording Module on Canvas.

<u>Week</u>	<u>Date</u>	<u>Chapters</u>
1	01/10	Introductory Remarks and Chapter 1 – The Evolution of Psychological Science
1	01/13	Chapter 1 – cont'd
2	01/17	Chapter 1 – cont'd
2	01/20	Chapter 1 – cont'd
3	01/24	Chapter 1 – cont'd

3	01/27	Chapter 1 – cont'd & Chapter 2 – Methods in Psychology
4	01/31	Chapter – cont'd
4	02/03	Exam 1 – Chapters 1 & 2 <i>**You are examinable for all of this material regardless of what has not been covered in class. Depending on time available, some portions of chapters may not be covered in class except to answer questions about the material in the chapters. Your reading and learning schedule should match the schedule indicated in this syllabus.</i>
5	02/07	Chapter 3 – Neuroscience and Behavior
5	02/10	Chapter 3 – cont'd
6	02/14	Chapter 3 – cont'd
6	02/17	Chapter 3 – cont'd
7	02/21	Family Day
7	02/22 – 02/25	Midterm Break
8	02/28	Chapter 3 – cont'd
8	03/03	Chapter 3 – cont'd
9	03/07	Chapter 3 – cont'd
9	03/10	Exam 2 - Chapter 3 <i>**You are examinable for all of this material regardless of what has not been covered in class. Depending on time available, some portions of chapters may not be covered in class except to answer questions about the material in the chapters. Your reading and learning schedule should match the schedule indicated in this syllabus.</i>
10	03/14	Chapter 4 – Sensation and Perception
10	03/17	Chapter 4 – cont'd
11	03/21	Chapter 4 – cont'd
11	03/24	Chapter 4 – cont'd
12	03/28	Chapter 4 – cont'd
12	03/31	Chapter 7 – Learning
13	04/04	Chapter 7 – cont'd
13	04/07	Chapter 7 – cont'd & Chapter 6 – Memory
14-16	04/14 - 04/29	Final Exam Period: Exam 3 – Chapters 1, 2, 3, 4, 6 & 7 <i>You are examinable for all of this material regardless of what has not been covered in class. Depending on time available, some portions of chapters may not be covered in class except to answer questions about the material in the chapters. Your reading and learning schedule should match the schedule indicated in this syllabus.</i>

Evaluation

Important note: the dates, material covered, and weightings for all examinations are subject to change without notice.

In this course, there will be three exams. The Final Exam is cumulative. There is 4% of the final grade as credit from SONA research activity.

In order to be fair to all students, Psychology courses adhere to the evaluation described on the course outline. Accordingly, requests for make-up tests, assignments, or other work to increase grades will not be supported unless specified on the course outline. In this course, the evaluation is as follows:

Exam 1	28%
Exam 2	28%
Exam 3 (Final exam period)	40%
SONA	4%

Grading

According to the University of British Columbia Grading Scale

Mark-Grade Equivalents

<u>Percent</u>	<u>Letter Grade</u>	<u>Definition</u>
90-100	A+	
85-89	A	First Class
80-84	A-	
76-79	B+	
72-75	B	Second Class
68-71	B-	
64-67	C+	
60-63	C	Third Class
55-59	C-	
50-54	D	Marginal Pass
0-49	F	Failure

SONA RESEARCH ACTIVITY

Students earn Sona credit from participating in research activity. This can be either through direct participation in research through the Sona online volunteer subject pool (Option 1), by completing summaries of primary research articles (Option 2), or by a combination of the two types of activities.

Research Participation (Option 1)

As a participant in one of numerous Psychology Department Subject Pool experiments posted at <http://ubco.sona-systems.com/>, you will obtain 0.5% credit for each 0.5 hour of participation at UBCO. Hence, participation requiring a 1-hour time commitment provides a credit of 1%, 1.5 hours provides a credit of 1.5%, and 2 hours provides a credit of 2.0%, etc.

Important Requirements

You may participate in more than one experiment in order to accrue credits. It is important to sign up for experiments early in the semester in order to increase the odds that a timeslot is available. If you wait until late in the semester, all timeslots may be taken. **IMPORTANT:** Please note, due to concerns related to COVID-19, only online studies will be hosted on Sona, with the exception of some in-person studies that have received special permission to be conducted.

Logging On To The System

Sona is only open for those students who are registered in a psychology course offering Sona credit. Please only use the request account option if you have never used the Sona system before. If you have used the Sona system before, please use the most recent login information you remember to log in.

Missed Appointments & Penalties

Missed appointments (i.e., failure to cancel the appointment at least 3 hours prior to the session) will be tracked. The consequence will be that you will not receive credit for participation in the experiment and will lose the credit value of the study from possible marks associated with participation in research.

Please email psyc.ubco.research@ubc.ca with any questions or concerns that you may have regarding the Sona system, including unassigned bonus credits. Your professor does NOT have access to this information.

Research Summary Assignment (Option 2)

As an alternative to participating in a Psychology Subject Pool experiment, you may obtain subject pool credit by completing library-writing projects to a satisfactory level. Each library-writing project is worth a total of two credits.

Important Requirements

1. This project consists of reading and summarizing (in written form) a recent, peer-reviewed, primary research article.

- A “recent” article has been published within the past 12 months.
- A “peer reviewed” article is one that has been reviewed by other scholars before it is accepted – for example, it **cannot** be a news item, an article from a popular magazine, a notice, or a letter to the editor.
- A “primary” research article describes an experiment or study where data are collected by the authors. In other words, the article you choose to review **cannot** be a book review, literature review, or summary article.

2. You must choose an article published by one of the following agencies:

- The American Psychological Society - *Psychological Science*, *Current Directions in Psychological Science*, *Psychological Science in the Public Interest*, or *Perspectives on Psychological Science*.
- The American Psychological Association - www.apa.org/journals/by_title.html has a full listing.
- The Canadian Psychological Association - *Canadian Psychology*, *Canadian Journal of Behavioural Science*, or *Canadian Journal of Experimental Psychology*.
- The Psychonomic Society - *Behavior Research Methods, Cognitive, Affective, & Behavioral Neuroscience*, *Learning & Behavior*, *Memory & Cognition*, *Perception & Psychophysics*, or *Psychonomic Bulletin & Review*.

3. Other Assignment Guidelines

The summary should be about 300-500 words in length. The source must be cited and referenced in accordance with the *Publication Manual of the American Psychological Association* (6th ed.). The review will be graded on a pass – fail basis (2% or 0%). At least **14 days before the end of classes** each term, submit the following to the course instructor:

- the article summary
- a copy of the article
- a cover page that specifies your name, student number, email address, and word count of the summary.
- the course title and number

Submitting the assignment 14 days in advance is necessary to ensure that you have an opportunity to make corrections, if required. If you do not check your email frequently, provide a phone number on the cover page.

Attendance

UBC regulations are that **regular attendance is expected** of students in all their classes (including recorded lectures, laboratories, tutorials, seminars, etc.). You are expected to virtually attend every recorded class. You are responsible for reading, ahead of time, the material that is to be presented in each class. Poor attendance will adversely affect your grade. Good attendance will help your grade.

Students who neglect their academic work and assignments may be excluded from final examinations. Students who are unavoidably unable to view recordings of classes because of illness or disability should report to their instructors. For more information on the student declaration and responsibilities, see

<http://www.students.ubc.ca/calendar/index.cfm?tree=3,36,0,0>

For Students living outside Canada

During this pandemic, the shift to online learning has greatly altered teaching and studying at UBC, including changes to health and safety considerations. Keep in mind that some UBC courses might cover topics that are censored or considered illegal by non-Canadian governments. This may include, but is not limited to, human rights, representative government, defamation, obscenity, gender or sexuality, and historical or current geopolitical controversies. If you are a student living abroad, you will be subject to the laws of your local jurisdiction, and your local authorities might limit your access to course material or take punitive action against you. UBC is strongly committed to academic freedom, but has no control over foreign authorities (please visit <http://www.calendar.ubc.ca/vancouver/index.cfm?tree=3,33,86,0> for an articulation of the values of the University conveyed in the Senate Statement on Academic Freedom). Thus, we recognize that students will have legitimate reason to exercise caution in studying certain subjects. If you have concerns regarding your personal situation, consider postponing taking a course with manifest risks, until you are back on campus or reach out to your academic advisor to find substitute courses. For further information and support, please visit: <http://academic.ubc.ca/support-resources/freedom-expression>

Student Declaration and Responsibility

Upon registering, a student has initiated a contract with the University and is bound by the following declaration: **"I hereby accept and submit myself to the statutes, rules and regulations, and ordinances (including bylaws, codes, and policies) of The University of British Columbia, and of the faculty or faculties in which I am registered, and to any amendments thereto which may be made while I am a student of the University, and I promise to observe the same."**

The student declaration is important. It imposes obligations on students and affects rights and privileges including property rights. You must not enroll as a student at the University if you do not agree to become bound by the declaration above. By agreeing to become a student, you make the declaration above and agree to be bound by it. For more information on the student declaration and responsibilities, see <http://www.students.ubc.ca/calendar/index.cfm?page=declaration>.

Missed Exams

There will be no make-up exams and no early exams. If you have to miss one of the midterms, and you work it out with me in advance, then I will reweight your final exam. Otherwise, there will be no re-weighting of exams under any circumstances. Check the schedule for the final exam. Midterm and Final Exams are online and scheduled at the times listed in the syllabus or in the Final Exam posting.

If you think your exam has been graded incorrectly, submit a written explanation by email to me and I will forward it to the appropriate TA. We will double check the grading and get back to you. Beyond that, please don't argue about your grades. It isn't that I am so hard-nosed, it's rather that I have a very strong sense of fairness and that means not caving in to the pushiest people while the people who play by the rules suffer.

All students who miss or plan to miss a regularly scheduled **FINAL** examination must discuss the issue with personnel in the Office of the Associate Dean, Undergraduate Recruitment, Services, and Success in the Irving K. Barber Faculty of Arts & Social Sciences, fass.students.ubco@ubc.ca.

Senate Policies and Regulations on Examinations

Senate policies and regulations on examinations can be found in the online calendar at <http://okanagan.students.ubc.ca/calendar/index.cfm?tree=3,41,89,0>

In particular, some students will be interested in the issue of what UBC calls examination hardships. An examination hardship is defined as three or more examinations scheduled within a 24-hour period. A student facing an examination hardship shall be given an examination date for the second examination causing hardship by the respective instructor or department. The student must notify the instructor of the second examination no later than one month prior to the examination date. For more regulations, please go to the Calendar webpage.

Copyright disclaimer

Diagrams and figures included in lecture presentations adhere to Copyright Guidelines for UBC Faculty, Staff and Students <http://copyright.ubc.ca/requirements/copyright-guidelines/> and UBC Fair Dealing Requirements for Faculty and Staff <http://copyright.ubc.ca/requirements/fair-dealing/>. Some of these figures and images are subject to copyright and will not be posted to **Canvas**. All material uploaded to **Canvas** that contain diagrams and figures are used with permission of the publisher; are in the public domain; are licensed by Creative Commons; meet the permitted terms of use of UBC's library license agreements for electronic items; and/or adhere to the UBC Fair Dealing Requirements for Faculty and Staff. Access to the **Canvas** course site is limited to students currently registered in this course. Under no circumstance are students permitted to provide any other person with means to access this material. Anyone violating these restrictions

may be subject to legal action. Permission to electronically record any course materials must be granted by the instructor. Distribution of this material to a third party is forbidden.

Academic Integrity

You are responsible for reading and understanding the appropriate policies contained in the calendar. This will provide you with a clear indication of the expectations regarding academic integrity. Incidentally, the section describing the nature and consequences of academic misconduct as described in the Table of Contents for Discipline for Academic Misconduct in the calendar: <http://okanagan.students.ubc.ca/calendar/index.cfm?tree=3,54,111,0> ...is far more extensive than the link <http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,54,111,959>.

The academic enterprise is founded on honesty, civility, and integrity. As members of this enterprise, all students are expected to know, understand, and follow the codes of conduct regarding academic integrity. At the most basic level, this means submitting only original work done by you and acknowledging all sources of information or ideas and attributing them to others as required. This also means you should not cheat, copy, or mislead others about what is your work. Violations of academic integrity (i.e., misconduct) lead to the breakdown of the academic enterprise, and therefore serious consequences arise and harsh sanctions are imposed. For example, incidences of plagiarism or cheating may result in a mark of zero on the assignment or exam and more serious consequences may apply if the matter is referred to the President's Advisory Committee on Student Discipline. Careful records are kept in order to monitor and prevent recurrences.

A more detailed description of academic integrity, including the policies and procedures, may be found at: <http://okanagan.students.ubc.ca/calendar/index.cfm?tree=3,54,111,0>

If you have any questions about how academic integrity applies to this course, please consult with your professor.

Learning Tools for the Classroom

I would ask you to have your textbook on hand during each recorded class. I will be using it as reference material to discuss chapter headings and subheadings, and chapter figures and tables. I will be referring to these items by page numbers. It will be important for you to be able to see these items as I discuss them.

Learning Support

The Student Learning Hub is your go-to resource for free learning support—now online and flexible to meet your remote learning needs! The Hub welcomes undergraduate students from all disciplines and years to access a range of supports that include tutoring in math, sciences, languages, and writing, as well as dedicated learning support to help you develop skills and strategies for academic success. Don't wait—successful learners access support early and often. For more information, visit students.ok.ubc.ca/hub or contact learning.hub@ubc.ca

Library Support

Kim Buschert is the subject liaison librarian for Psychology, and can support students in a variety of ways, including:

- **Course readings** – locating existing online readings
- **Course reserves** – [Library Online Course Reserves System](#) (LOCR)
- **Instruction** – Share online modules for Canvas related to the libraries resources, including searching our databases and journals, constructing literature reviews, citation management, etc.
- **Student meetings** – one-on-one with students that need extra support for research assignments.

kim.buschert@ubc.ca | <http://library.ok.ubc.ca/>

Student Study Strategies

For Student study Strategies go to <http://www.Studygs.net>

UBC Okanagan Disability Resource Centre

The Disability Resource Centre ensures educational equity for students with disabilities, injuries or illness. If you are disabled, have an injury or illness and require academic accommodations to meet the course objectives, please contact Earllene Roberts, the Diversity Advisor for the Disability Resource Centre located in the University Centre building (UNC 214C).

UNC 214C 250.807.9263

Email: earllene.roberts@ubc.ca

Web: <http://students.ok.ubc.ca/drc/welcome.html>

Blindness Resources

With the blind professor that you have, you also have the opportunity to learn about blindness. This blindness material is not required course material. However, it can be used for your own personal development. Below, are links relating to resources about blindness and blind people:

<https://nfb.org/kernel-books>

<http://www.cfb.ca/publications/the-blind-canadian-magazine>

<https://nfb.org/braille-monitor>

Equity, Human Rights, Discrimination and Harassment

UBC Okanagan is a place where every student, staff and faculty member should be able to study and work in an environment that is free from discrimination and harassment. UBC prohibits discrimination and harassment on the basis of the following grounds: age, ancestry, colour, family status, marital status, physical or mental disability, place of origin, political belief, race, religion, sex, sexual orientation or unrelated criminal conviction. If you require assistance related to an issue of equity, discrimination or harassment, please contact the Equity and Inclusion Office or your administrative head of unit.

Psychology Equity Representative: Paul Gabias, email paul.gabias@ubc.ca,

UBC Okanagan Equity Advisor: ph. 250-807-9291; email equity.ubco@ubc.ca

Web: www.equity.ok.ubc.ca | @EquityUBCO | www.facebook.com/ubcoequityoffice

Health & Wellness

At UBC Okanagan health services to students are provided by Health and Wellness. Nurses, physicians and counsellors provide health care and counselling related to physical health, emotional/mental health and sexual/reproductive health concerns. As well, health promotion, education and research activities are provided to the campus community. If you require assistance with your health, please contact Health and Wellness for more information or to book an appointment.

UNC 337 Email: healthwellness.okanagan@ubc.ca Web: www.students.ok.ubc.ca/health-wellness

Services, supports and security measures that are currently in place and available on campus

- **UBC Alert** university's mass notification system to send alerts in urgent situations that pose an immediate safety or security risk to the community. UBC Alert is only used in active and urgent situations that require your immediate attention.
- **Safe Walk Services** offer scheduled or spur of the moment drop-ins with volunteers to help make sure you can safely get to your car, the bus stop or wherever you need to go on campus.
- **UBC Safe** is the official safety app of UBCO. The app features emergency contacts, safety tips, personal safety tools, maps and more.
- The **Sexual Violence Prevention and Response Office** is centrally located on campus and is a confidential, non-judgemental place for those who have experienced, or been impacted by, any form of sexual or gender-based violence, harassment or harm, regardless of where or when it took place.
- This **campus map** denotes where all the Help Phones are located. Help Phones are in well-lit areas with active surveillance and allow you to connect immediately with Campus Security.

The **Emergency First Response Team** is a group of student volunteers, organized under Campus Security, which supports a safe and secure campus community by providing 24/7 medical and advanced first aid care. This service supplements a centralized program through Campus Security.

For Dates to Remember Go to <http://okanagan.students.ubc.ca/calendar/academicyear.cfm>

SAFEWALK

Don't want to walk alone at night? Not too sure how to get somewhere on campus?

*Call Safewalk at **250.807.8076**.*

For more information, see: www.security.ok.ubc.ca