

**INTRODUCTION TO PSYCHOLOGY: BASIC PROCESSES
PSYCHOLOGY 111 - SECTION 003 – Online Course**

**UBC- Okanagan
2021 Winter Term 1
Mon 9:30am-11:00am PST
Wed 9:30am – 11:00pm PST**

Instructor: Dr. Maya Libben
Email: maya.libben@ubc.ca
Virtual Office Hours: Tuesdays 12-2pm (or by appointment)
Office Hours Link: Zoom Meeting ID: 966 302 7913; Passcode: 285250

TA: Christopher Nelson
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E-mail: sohal85@mail.ubc.ca
Virtual Office Hours: Thursdays 4:30-5:30pm

TA: Morgan Fraser
E-mail: mfj999@mail.ubc.ca
Virtual Office Hours: Wednesdays 11am-12pm

COURSE DESCRIPTION:

This course will introduce you to the science of psychology. Specific topics to be covered will include: the history of psychology, applications in psychology, research methods, neuroscience, behaviour, consciousness, sensation and perception, memory, learning and language. The lectures will review and expand on material from the textbook. Students should read the relevant chapter in the text as well as watch all lecture materials. Evaluation will be based on exams performance, quizzes, online content activities and online research participation.

COURSE FORMAT:

This course will be offered online through Canvas. Lectures asynchronous and will be pre-recorded and posted at lecture times. Lecture slides will be available through Canvas. In order to enhance student engagement and interaction, students will be assigned to Groups through Canvas. Each group will be assigned to a weekly 30 min TA-led teaching forum that will be held during class time. Teaching forums will be offered through Zoom. Participation in TA-led review periods is not mandatory but highly encouraged. Quizzes and Exams will be multiple choice, closed book and completed through Canvas using Respondus Lockdown Browser.

REQUIREMENTS FOR ONLINE DELIVERY:

In order to engage with this course online, students are required to **have a laptop or desktop computer and a stable internet connection**. While the lectures will be pre-recorded and posted, this course also includes live activities including office hours and TA-led teaching forums, which will **require a microphone; a camera is recommended**. Exams will be completed online during class time (see schedule below) using Respondus Lockdown Browser (which must be downloaded at the beginning of the course).

REQUIRED TEXTBOOK:

Schacter, D.L., Gilbert, D.T., Wegner, D.M., & Nock, M.K., Johnsrude, I. & Wegner, D. (2020). *Psychology, 5th Canadian custom edition*. New York, NY: Worth Publishers.

- You can purchase the e-book directly from within Canvas or click here: <https://docs.google.com/presentation/d/1m4naKFAow9x4t6QuaaPjw3koZh3JHUGt9TbAqTfzVWE/edit#slide=id.p>
- Alternatively, you can purchase the Looseleaf text from the UBC Bookstore

If you would like additional practice, you can purchase Launchpad (online resource) which includes the e-book along with practice quizzes, videos and other resources. Launchpad is a **NOT a required purchase** for this course, it is an extra study resource only.

- You can purchase Launchpad here: <https://store.macmillanlearning.com/ca/product/Psychology-CanadianEdition/p/1319190790>

EVALUATION:

Evaluation criteria (more detail provided below):

1. Midterm 1 (15%)
2. Midterm 2 (25%)
3. Canvas quizzes (21%)
4. SONA (4%)
5. Final Exam (35%)

Exams: Midterm and final exams will be administered during class time (see schedule below). Exams are **closed book** and no outside materials are permitted during testing (including textbooks, notes and any electronic materials). Exams will be administered using Respondus Lockdown Browser to help enforce closed book policies. Exams may include information in the required chapters of the textbook that is not covered in lectures and lecture material not covered in the textbook.

Midterm #1 (15% of grade). The exam will cover chapters 1 & 2 and all of the related materials.

Midterm #2 (25% of grade). The exam will cover chapters 3 & 4 and all of the related materials.

Final Exam (35% of grade). The final exam will cover chapters 5, 6, 7 & 9 (p. 351-369 only) and all of the related materials.

Canvas Chapter Quizzes (21% of grade). There will be eight chapter quizzes assigned according to the schedule below (see Timetable). Quizzes will be posted on Canvas at the end of the class (i.e. Mon/Wed 11:00pm PST) and will be available for 24h. **You must complete the quiz within the 24h timeframe.** Please refer to the Course Schedule below for dates of these quizzes. Quizzes are closed book and will be completed using Respondus Lockdown Browser. You will be allowed one “grace” quiz (if you fail to complete the quiz within the 24h timeframe) and will be marked on the remaining seven. Quizzes. If you complete all eight quizzes, your lowest quiz mark will be dropped. Your seven “counted” quizzes are each worth 3% of the final grade for a total of 21%.

Research Participation (4% of grade) PSYO 111 and PSYO 121 include 4% of the final grade as credit from research activity. See pages 4-6 of this syllabus for further details.

Grading

<u>Percent</u>	<u>Letter Grade</u>
90 - 100	A+
85 - 89	A
80 - 84	A-

76 - 79	B+
72 - 75	B
68 - 71	B-
64 - 67	C+
60 - 63	C
55 - 59	C-
50 - 54	D
0 - 49	F

CLASS SCHEDULE

Date	Lecture Topic	Textbook Reading	Canvas Assignments
Wed Sept 8	Welcome and Course Orientation	-----	Welcome to PSYO 111
Mon Sept 13	History and application	Chapter 1.1-1.3	Lecture 1
Wed Sept 15	History and application	Chapter 1.4-1.5	Lecture 2
Mon Sept 20	History and application	Chapter 1.6-1.7	Lecture 3; Quiz 1
Wed Sept 22	Research methodology	Chapter 2.1-2.2	Lecture 4
Mon Sept 27	Research methodology	Chapter 2.3-2.5	Lecture 5
Wed Sept 29	Neuroscience and Behavior	Chapter 3.1	Lecture 6; Quiz 2
Mon Oct 4	MIDTERM #1	CHAPTERS 1-2	Lectures 1-5
Wed Oct 6	Neuroscience and Behavior	Chapter 3.2-3.3	Lecture 7
Mon Oct 11	Thanksgiving	-----	-----
Wed Oct 13	Neuroscience and Behavior	Chapter 3.4	Lecture 8
Mon Oct 18	Neuroscience and Behavior	Chapter 3.5-3.6	Lecture 9; Quiz 3
Wed Oct 20	Sensation and perception	Chapter 4.1-4.4	Lecture 10
Mon Oct 25	Sensation and perception	Chapter 4.5-4.6	Lecture 11; Quiz 4
Wed Oct 27	Consciousness	Chapter 5.1-5.3	Lecture 12
Mon Nov 1	MIDTERM #2	CHAPTERS 3-4	Lectures 6-11
Wed Nov 3	Consciousness	Chapter 5.4	Lecture 13
Mon Nov 8	Reading Week	-----	-----
Wed Nov 10	Reading Week	-----	-----
Mon Nov 15	Consciousness	Chapter 5.5-5.6	Lecture 14; Quiz 5
Wed Nov 17	Memory	Chapter 6.1-6.3	Lecture 15
Mon Nov 22	Memory	Chapter 6.4-6.6	Lecture 16; Quiz 6

Wed Nov 24	Learning	Chapter 7.1-7.2	Lecture 17
Mon Nov 29	Learning	Chapter 7.3	Lecture 18
Wed Dec 1	Learning	Chapter 7.4-7.6	Lecture 19; Quiz 7
Mon Dec 6	Language	Chapter 9.1-9.3	Lecture 20; Quiz 8
Final Exam (Chpts 5-7 & 9; Lectures 12-20)			
FINALS PERIOD Dec 10-22			

LEARNING OUTCOMES:

Based on the APA Introductory Psychology Initiative, after completing this course, you should be able to:

1. Apply psychological concepts to everyday life
2. Describe the ethical principles that underlie psychological research and practice
3. Identify the physiological basis of psychological phenomena
4. Examine the integrative themes within psychology
5. Critically evaluate the basis of psychological research

CANVAS

Online resources for PSYO 111 can be found on Canvas. This will include pre-recorded lectures, powerpoint slides, online quizzes, online exams, important dates as well as a discussion board to answer relevant questions. All questions pertaining to general class material (i.e. not of an individual or personal nature) should be directed towards the discussion board.

RESEARCH ACTIVITY

Students earn Sona credit from participating in research activity. This can be either through direct participation in research through the Sona online volunteer subject pool (Option 1), by completing summaries of primary research articles (Option 2), or by a combination of the two types of activities.

Research Participation (Option 1)

As a participant in one of numerous Psychology Department Subject Pool experiments posted at <http://ubco.sona-systems.com/>, you will obtain 0.5% credit for each 0.5 hour of participation at UBCO. Hence, participation requiring a 1-hour time commitment provides a credit of 1%, 1.5 hours provides a credit of 1.5%, and 2 hours provides a credit of 2.0%, etc.

Important Requirements

You may participate in more than one experiment in order to accrue credits. It is important to sign up for experiments early in the semester in order to increase the odds that a timeslot is available. If you wait until late in the semester, all timeslots may be taken. **IMPORTANT:** Please note, due to concerns related to COVID-19, only online studies will be hosted on Sona.

Logging On To The System

Sona is only open for those students who are registered in a psychology course offering Sona credit. Please only use the request account option if you have never used the Sona system before. If you have used the Sona system before, please use the most recent login information you remember to log in.

Missed Appointments & Penalties

Missed appointments (i.e., failure to cancel the appointment at least 3 hours prior to the session) will be tracked. The consequence will be that you will not receive credit for participation in the experiment and will lose the credit value of the study from possible marks associated with participation in research.

Please email psyc.ubco.research@ubc.ca with any questions or concerns that you may have regarding the Sona system, including unassigned bonus credits. Your professor does NOT have access to this information.

Research Summary Assignment (Option 2)

As an alternative to participating in a Psychology Subject Pool experiment, you may obtain subject pool credit by completing library-writing projects to a satisfactory level. Each library-writing project is worth a total of two credits.

Important Requirements

1. This project consists of reading and summarizing (in written form) a recent, peer-reviewed, primary research article.
 - A “recent” article has been published within the past 12 months.
 - A “peer reviewed” article is one that has been reviewed by other scholars before it is accepted – for example, it **cannot** be a news item, an article from a popular magazine, a notice, or a letter to the editor.
 - A “primary” research article describes an experiment or study where data are collected by the authors. In other words, the article you choose to review **cannot** be a book review, literature review, or summary article.
2. You must choose an article published by one of the following agencies:
 - The American Psychological Society - *Psychological Science*, *Current Directions in Psychological Science*, *Psychological Science in the Public Interest*, or *Perspectives on Psychological Science*.
 - The American Psychological Association - www.apa.org/journals/by_title.html has a full listing.
 - The Canadian Psychological Association - *Canadian Psychology*, *Canadian Journal of Behavioural Science*, or *Canadian Journal of Experimental Psychology*.
 - The Psychonomic Society - *Behavior Research Methods, Cognitive, Affective, & Behavioral Neuroscience*, *Learning & Behavior*, *Memory & Cognition*, *Perception & Psychophysics*, or *Psychonomic Bulletin & Review*.

3. Other Assignment Guidelines

The summary should be about 300-500 words in length. The source must be cited and referenced in accordance with the *Publication Manual of the American Psychological Association* (6th ed.). The review will be graded on a pass – fail basis (2% or 0%). At least **14 days before the end of classes** each term, submit the following to the course instructor:

- the article summary
- a copy of the article
- a cover page that specifies your name, student number, email address, and word count of the summary.
- the course title and number

Submitting the assignment 14 days in advance is necessary to ensure that you have an opportunity to make corrections, if required. If you do not check your email frequently, provide a phone number on the cover page.

CLASS POLICIES

Exam/Quiz Absences: All course and textbook material may appear on the exams and quizzes. Midterms will be held during scheduled class time. Accommodations for alternate times cannot be made. Absences from class examinations will result in a grade of 0 on that examination unless a valid doctor's note is emailed to the instructor (indicating you were medically unable to complete the exam). **In cases of documented serious illness or death in the family, the value of the midterm will be added to the final exam. Make-up midterms are not offered in this course.**

You must complete quizzes within the allotted 24h period - there are no make-ups for chapter quizzes. You will have one "grace" pop quiz after which and absence from a quiz will result in a grade of 0.

Final marks: It is policy within this class that final grades **cannot** be adjusted (though extra assignments or otherwise) in order to achieve a passing mark, higher letter grade etc.

STUDENTS LIVING ABROAD

During this pandemic, the shift to online learning has greatly altered teaching and studying at UBC, including changes to health and safety considerations. Keep in mind that some UBC courses might cover topics that are censored or considered illegal by non-Canadian governments. This may include, but is not limited to, human rights, representative government, defamation, obscenity, gender or sexuality, and historical or current geopolitical controversies. If you are a student living abroad, you will be subject to the laws of your local jurisdiction, and your local authorities might limit your access to course material or take punitive action against you. UBC is strongly committed to academic freedom, but has no control over foreign authorities (please visit <http://www.calendar.ubc.ca/vancouver/index.cfm?tree=3,33,86,0> for an articulation of the values of the University conveyed in the Senate Statement on Academic Freedom). Thus, we recognize that students will have legitimate reason to exercise caution in studying certain subjects. If you have concerns regarding your personal situation, consider postponing taking a course with manifest risks, until you are back on campus or reach out to your academic advisor to find substitute courses. For further information and support, please visit: <http://academic.ubc.ca/support-resources/freedom-expression>.

EQUITY, HUMAN RIGHTS, DISCRIMINATION AND HARASSMENT

UBC Okanagan is a place where every student, staff and faculty member should be able to study and work in an environment that is free from human rights-based discrimination and harassment. Under UBC's Policy 3 on Discrimination and Harassment, UBC prohibits discrimination and harassment on the basis of the following grounds: age, ancestry, colour, family status, marital status, physical or mental disability, place of origin, political belief, race, religion, sex, sexual orientation or unrelated criminal conviction.

If you require assistance related to an issue of equity, discrimination or harassment, please contact the Equity Office, your administrative head of unit, and/or your unit's equity representative.

IKBSAS Unit 4 Equity Representative: Paul Gabias: paul.gabias@ubc.ca, 807-9383

UBC Okanagan Equity Advisor: ph. 250-807-9291; email equity.ubco@ubc.ca

Web: www.ubc.ca/okanagan/equity

Unit Equity Representatives: <http://www.ubc.ca/okanagan/equity/programs/equityreps/unitcontacts.html>

ACADEMIC INTEGRITY

The academic enterprise is founded on honesty, civility, and integrity. As members of this enterprise, all students are expected to know, understand, and follow the codes of conduct regarding academic

integrity. At the most basic level, this means submitting only original work done by you and acknowledging all sources of information or ideas and attributing them to others as required. This also means you should not cheat, copy, or mislead others about what is your work. Violations of academic integrity (i.e., misconduct) lead to the breakdown of the academic enterprise, and therefore serious consequences arise and harsh sanctions are imposed. For example, incidences of plagiarism or cheating may result in a mark of zero on the assignment or exam and more serious consequences may apply if the matter is referred to the President's Advisory Committee on Student Discipline. Careful records are kept in order to monitor and prevent recurrences.

A more detailed description of academic integrity, including the policies and procedures, may be found at <http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,54,111,959>. If you have any questions about how academic integrity applies to this course, please consult with the course instructor.

FINAL EXAMINATIONS

Except in the case of examination clashes and hardships (three or more formal examinations scheduled within a 24-hour period) or unforeseen events, students will be permitted to apply for out-of-time final examinations only if they are representing the University, the province, or the country in a competition or performance; serving in the Canadian military; observing a religious rite; working to support themselves or their family; or caring for a family member. Unforeseen events include (but may not be limited to) the following: ill health or other personal challenges that arise during a term and changes in the requirements of an ongoing job. Further information on Academic Concession can be found under Policies and Regulation in the Okanagan Academic Calendar <http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,48,0,0>

GRADING PRACTICES

Faculties, departments, and schools reserve the right to scale grades in order to maintain equity among sections and conformity to University, faculty, department, or school norms. Students should therefore note that an unofficial grade given by an instructor might be changed by the faculty, department, or school. Grades are not official until they appear on a student's academic record.

<http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,41,90,1014>

STUDENT SERVICE RESOURCES

UBC Okanagan Disability Resource Centre

UBC Okanagan Disability Resource Centre ensures educational equity for students with disabilities, injuries or illness. If you are disabled, have an injury or illness and require academic accommodations to meet the course objectives, please contact Earllene Roberts, the Diversity Advisor for the Disability Resource Centre located in Commons Corner in the University Centre building (UNC 227).

UNC 227A 250.807.9263

email earllene.roberts@ubc.ca

Web: www.ubc.ca/okanagan/students/drc

UBC Okanagan Equity and Inclusion Office

UBC Okanagan is a place where every student, staff and faculty member should be able to study and work in an environment that is free from discrimination and harassment. UBC prohibits discrimination and harassment on the basis of the following grounds: age, ancestry, colour, family status, marital status, physical or mental disability, place of origin, political belief, race, religion, sex, sexual orientation or unrelated criminal conviction. If you require assistance related to an issue of equity, discrimination or harassment, please contact the Equity and Inclusion Office.

UNC 227C 250.807.9291

email: equity.ubco@ubc.ca

Web: www.ubc.ca/okanagan/equity

Health & Wellness

At UBC Okanagan health services to students are provided by Health and Wellness. Nurses, physicians and counsellors provide health care and counselling related to physical health, emotional/mental health and sexual/reproductive health concerns. As well, health promotion, education and research activities are provided to the campus community. If you require assistance with your health, please contact Health and Wellness for more information or to book an appointment.

UNC 337 250.807.9270

email: healthwellness.okanagan@ubc.ca

Web: www.students.ok.ubc.ca/health-wellness

UBCO Virtual Walk-in Well-Being Clinic

A barrier-free wellness clinic, accessible without an appointment to students, staff, faculty and community members. Complete a brief meeting with a graduate clinician supervised by a registered psychologist for 30 minutes to develop the right wellness plan for you. Services are free of charge. Must be in the Okanagan area to receive services.

Tuesdays & Thursdays 12:00 – 4:00 PM Pacific Daylight Savings Time (Kelowna time)

Email: ipc.ok@ubc.ca

Voicemail: (250) 807-8241

Web: <https://psych.ok.ubc.ca/psychology-clinic/thrive-thursdays/>

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