



**Psychology 343 – 001**

**Psychopathology I**

Fall 2020

Tuesday 2:00 PM to 3:30 PM

Thursday 9:30 AM to 11:00 AM

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*Welcome to Psychopathology!*

*I am looking forward to meeting you and virtually exploring abnormal psychology, or psychopathology, together. My aim is to provide an engaging, respectful online learning environment where each student can further their understanding of the course content.*

**Instructor:** Jamie Piercy, Ph.D.

**Email:** [Jamie.piercy@ubc.ca](mailto:Jamie.piercy@ubc.ca)

**Phone:** 250-807-8514

**Office hours:** Tuesday 12:00 pm – 2:00pm, virtual on Zoom

**Teaching Assistants:**

*Teaching assistants will be available by e-mail and discussion board to answer course questions or facilitate discussion as appropriate. More information on each TA is available on the Canvas page.*

- Michelle St. Pierre; [michelle.stpierre@ubc.ca](mailto:michelle.stpierre@ubc.ca)
- Tatiana Sanchez; [Tatiana.sanchez@ubc.ca](mailto:Tatiana.sanchez@ubc.ca)
- Brookelyn Koersen; [brookelyn.koersen@ubc.ca](mailto:brookelyn.koersen@ubc.ca)

**Academic Calendar Entry**

**PSYO 343 (3) Psychopathology I**

Detailed introduction to general principles underlying scientific study of mental health and psychopathology. Critical theoretical and methodological issues related to the assessment, diagnosis, and treatment of psychological disorders. Psychological disorders used to illustrate general issues and principles discussed. [3-0-0]

*Prerequisite:* Two of PSYO 219, PSYO 220, PSYO 230, PSYO 241, PSYO 252, PSYO 270, PSYO 271, PSYO 298, PSYO 299 or 6 credits of 200-level Psychology.

**Course Format**

The contents of the lectures will be determined by the course schedule (see below). PowerPoint slides will emphasize the key points of the chapters and will provide clarification and explanation of course concepts, including and beyond the textbook. Lectures will be recorded and posted weekly on *Canvas*. Skeleton slides will also be posted on *Canvas*. Online interactive discussion sessions will be held once monthly in *Zoom*. Additional learning materials are available through the *Launchpad* platform.

**Course Overview, Content, and Objectives**

This course explores the fundamentals of key areas of psychopathology, also known as abnormal psychology. This will serve as an introduction to specific disorders as well as key themes of empathy, resiliency, and treatment. This course will provide an overview of disorders, primarily through the DSM-5 diagnostic categories, with an emphasis on critical thinking and discussion in a virtual environment. Through multiple-choice questions, brief written responses, interaction, and reflection, course assessment will span the knowledge, comprehension, and application level of cognitive skills.



## **Learning Outcomes**

After completing this course, students will be able to:

- Describe research designs and techniques used in clinical assessment and diagnosis
- Consider psychological disorders from the perspectives of the main models of abnormality
- Examine the impact of multiple factors (sociocultural, biological, psychological) on the development of disorders
- Evaluate psychological symptoms and construct your own understanding of “*abnormal*”
- Differentiate between psychological (anxiety, mood, substance, somatic psychosis, personality) disorders in adulthood
- Discuss the types and effectiveness of treatments for mental disorders

## **Evaluation Criteria and Grading**

1. **Exams = 24% x 3 = 72% total**; Each exam will be non-cumulative and *closed-book*. The exams will consist of 80 multiple-choice questions completed over 105 minutes (1 hour 45 minutes) on Canvas Quiz using *Respondus LockDown Browser*. Each exam will include material from lecture, Canvas videos and discussions, and textbook material.

The examinations in this course are all closed-book, so you may **not** have access to any of the course materials, including your notes, during the exam. You are **not** to use any search engines or other programs – your browser will be locked in Canvas. You are **not** to take screenshots or pictures of the exam. Nor are you to communicate with anyone – you are to work independently. If you violate these conditions you have engaged in Academic Misconduct and will be subject to the consequences articulated in the Academic Integrity section. Communication with other students (written, text, verbal, etc.) is also not permitted and will constitute Academic Misconduct.

- a) **Exam #1: (24% of grade)**. This exam will cover Chapters 1-4 and lecture/Canvas material
  - b) **Exam #2: (24% of grade)**. This exam will cover Chapters 5-8 and lecture/Canvas material
  - c) **Exam #3: (24% of grade)**. This exam will cover Chapters 9-10, 12-13 and lecture/Canvas material
2. **Lecture-based quizzes/assignments, 10%**. There will be a brief weekly quiz/activity based on the lecture content (5-points each). I will be using quiz questions to keep you engaged with key concepts from the lecture. These will be available for a limited period of time; quizzes will be released with the lecture (Tuesday 9:00 AM) and due by Thursday afternoon at 4:00 PM. *Your lowest 2 performances will be dropped.*
  3. **LaunchPad text quizzes, 10%**. Text learning curves and quizzes will be assessed using the chapter questions in *LaunchPad*. **Learning curves will be based on completion, weekly quizzes will be graded based on accuracy.** You are strongly advised to do the assignments and quizzes the week the reading is assigned; however, *LaunchPad* quizzes will be due at 11:59 of the day of the first two midterms and on the final day of class (detailed in the schedule).
  4. **Monthly interactive review lecture activity, 8%**. As noted in the syllabus schedule, we will meet as a group in *live lecture on Zoom* once per month. Your mark in each review lecture will be half participation/attendance (i.e. 1.33%) and half completion of a brief activity (the other 1.33%). For those unable to attend, the brief activity or question(s) will be made available for 24 hours following each review.
    - a. **You have been assigned to a day (e.g. Tuesday or Thursday group) in Canvas under “People” in canvas in the “Review sessions” tab.** *Please attend your assigned day/time. If there is an issue with your assigned time due to your current time zone, please e-mail me prior to the first discussion meeting.*



- b. In these sessions we will review key concepts for the course section and you will have the opportunity to interact and discuss with your classmates while you complete a brief assignment.

**Assessment Summary**

|                          |      |
|--------------------------|------|
| Class Quizzes/Activities | 10%  |
| Launchpad Quizzes        | 10%  |
| Review Lecture           | 8%   |
| Exams (3 x 24%)          | 72%  |
| TOTAL                    | 100% |

Final grades will be based on the evaluations listed above and the final grade will be assigned according to the standardized grading system outlined in the UBC Okanagan Calendar.

**Please note I do not “round up” final grades** It is policy in this course that final grades cannot be adjusted (through extra assignments or otherwise) in order to achieve a passing mark, higher letter grade etc. In order to maintain fairness within this course, requests for additional assignments as well as requests to round or “bump up” final grades will be denied.

Barber School reserves the right to scale grades in order to maintain equity among sections and conformity to University, faculty, department, or the school norms. Students should therefore note that an unofficial grade given by an instructor might be changed by the faculty, department, or school (<http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,41,90,1014>).

**Requirements for Technology for Online Delivery of Courses**

In order to engage with this course online, students are required to have a laptop or desktop computer and a stable internet connection. While the lectures will be pre-recorded and posted, this course also includes live activities (assigned and moderated virtual discussion groups) which will require a microphone; a camera is recommended, but not required. Examinations will be completed online during the **scheduled course time** (e.g., 2:00 PM or 9:30 AM PST). Please email me if you do not have any of these requirements.

**Required Materials:**

**IMPORTANT:** The text we will be using this semester **must be purchased through the UBC bookstore** due to integration with Canvas and Launchpad. Purchases from any other retailer (i.e. Amazon, Discount Textbooks, etc.) are not able to be verified through the course site, and you will not be able to access the content needed.

Comer & Comer (2019). *Fundamentals of Abnormal Psychology* (9th edition), New York: NY Worth Publishers  
ISBN 9781319406561 LaunchPad with Willo integration  
ISBN 9781319360276 Loose-leaf version with LaunchPad with Willo integration

You have two options of purchasing your course materials for this course:

1. Purchase either the physical or digital product in-store or online at the UBC Bookstore – for these purchases you **MUST** keep your receipt in order to verify the purchase on the course site.
2. Log into the Canvas course and follow the link to purchase the required materials (\*Please note, you can only purchase the digital product through this option).

*If you purchase in-store or online from the bookstore, you will need to log into Canvas and click on the "Verify" option in order to verify your purchase and gain access to the online materials.*

### **Missed Graded Work:**

Students who, because of unforeseen events, are absent during the term and are unable to complete tests or other graded work, should normally discuss with their instructors how they can make up for missed work, according to written guidelines given to them at the start of the course (see Grading Practices). Instructors are not required to make allowance for any missed test or incomplete work that is not satisfactorily accounted for. If ill health is an issue, students are encouraged to seek attention from a health professional. Campus Health and Counselling will normally provide documentation only to students who have been seen previously at these offices for treatment or counselling specific to conditions associated with their academic difficulties. Students who feel that requests for consideration have not been dealt with fairly by their instructors may take their concerns first to the Head of the discipline, and if not resolved, to the Office of the Dean. Further information can be found at: <http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,48,0,0>.

**IMPORTANT:** Students who miss an exam must provide written documentation (i.e., doctor's note) of the absence to the instructor and must arrange to make up the exam before the next scheduled class. Students who do not write the exam by the next scheduled class will receive a "0" for the exam.

### **Technical Issues During Examinations**

As per UBC policy, all examinations must be completed during the scheduled course time. Out of fairness to all students, there are no exceptions to this policy. The instructor and/or TAs will be available during all examinations via Zoom should students encounter technical difficulties. It is the responsibility of the student to ensure that any technical issues are reported to the instructor **immediately**. If you cannot connect with the instructor and/or TAs via Zoom, please document the issue or technical concern via a screenshot. Failing to report technical issues in a timely manner, may result in the issue not being resolved and may negatively impact your grade.

### **Final Examination:**

The examination period for Term 1 of Winter 2020 is December 7<sup>th</sup> – December 22<sup>nd</sup>. Except in the case of examination clashes and hardships (three or more formal examinations scheduled within a 24-hour period) or unforeseen events, students will be permitted to apply for out-of-time final examinations only if they are representing the University, the province, or the country in a competition or performance; serving in the Canadian military; observing a religious rite; working to support themselves or their family; or caring for a family member. Unforeseen events include (but may not be limited to) the following: ill health or other personal challenges that arise during a term and changes in the requirements of an ongoing job. Further information on Academic Concessions can be found under Policies and Regulations in the Okanagan Academic Calendar

<http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,48,0,0> Out-of-time examination forms can be found at (<https://fass.ok.ubc.ca/student-resources/undergrad/student-forms/>) and must be sent to the Dean's office.

### **Academic Integrity:**

The academic enterprise is founded on *honesty, civility, and integrity*. As members of this enterprise, all students are expected to know, understand, and follow the codes of conduct regarding academic integrity. At the most basic level, this means submitting only original work done by you and acknowledging all sources of information or ideas and attributing them to others as required. This also means you should not cheat, copy, or mislead others about what is your work. Violations of academic integrity (i.e., misconduct) lead to the breakdown of the academic enterprise, and therefore serious consequences arise and harsh sanctions are imposed. For example, incidences of plagiarism or cheating may result in a mark of zero on the assignment or exam and more serious consequences may apply if the matter is referred to the President's Advisory Committee on Student Discipline. Careful records are kept in order to monitor and prevent recurrences.

A more detailed description of academic integrity, including the University's policies and procedures, may be found in the Academic Calendar at <http://okanagan.students.ubc.ca/calendar/index.cfm?tree=3,54,111,0>.



**UBC Okanagan Disability Resource Centre:**

The Disability Resource Centre ensures educational equity for students with disabilities and chronic medical conditions. If you are disabled, have an injury or illness and require academic accommodations to meet the course objectives, please contact Earlene Roberts, the Diversity Advisor for the Disability Resource Centre located in the University Centre building (UNC 214).

UNC 214 250.807.9263

email [earlene.roberts@ubc.ca](mailto:earlene.roberts@ubc.ca)

Web: [www.students.ok.ubc.ca/drc](http://www.students.ok.ubc.ca/drc)



**Course Schedule, Required Readings**

This schedule outlines our plan for key topics in the course, though additional readings and videos will be posted on Canvas and outlined as “required” or “optional” in the weekly lesson module.

|                                  | <b>Topics/Exam/Activity</b>  | <b>Required Reading</b> |
|----------------------------------|--|-------------------------|
| <b>Week 1 - Sept 8</b>           | Introduction to Psychopathology: What is abnormal?   | Ch 1, 2                 |
| <b>Week 2 - Sept 15</b>          | Clinical Psychology: Assessment, Diagnosis, Treatment  | Ch 2, 3                 |
| <b>Week 3 - Sept 22</b>          | Anxiety Disorders  | Ch 4                    |
| <b>Week 4 - Sept 29</b>          | OCD<br><i>Class discussion on Zoom</i><br><i>Group 1: Tuesday Sept 29</i><br><i>Group 2: Thursday Oct 1</i>  | Ch 4                    |
| <b>Week 5 - Oct 8</b>            | <b>Exam 1: Thursday October 8, 9:30 AM PST</b><br><b>Ch 1 – 4, additional lecture material (Canvas readings, videos)</b><br><i>Launchpad Quizzes due October 8 at 11:59 PM PST</i><br>Lecture posted: Disorders of Trauma and Stress | Ch 5                    |
| <b>Week 6 - Oct 13</b>           | Depressive/Bipolar Disorders   | Ch 6                    |
| <b>Week 7 - Oct 20</b>           | Suicide  | Ch 7                    |
| <b>Week 8 - Oct 27</b>           | Substance Use<br><i>Class discussion on Zoom</i><br><i>Group 1: Tuesday Oct 27</i><br><i>Group 2: Thursday Oct 29</i>  | Ch 10                   |
| <b>Week 9 - Nov 3</b>            | <b>Exam 2: Thursday November 5, 9:30 AM PST</b><br><b>Ch 5-7, 10, additional lecture material (Canvas readings, videos)</b><br><i>Launchpad Quizzes due November 5 at 11:59 PM PST</i><br>No additional lecture posted               |                         |
| <b>Week 10 - Nov 10</b>          | Somatic Disorders  | Ch 8                    |
| <b>Week 11- Nov 17</b>           | Eating Disorders   | Ch 9                    |
| <b>Week 12 - Nov 24</b>          | Schizophrenia and Related Disorders  | Ch 12                   |
| <b>Week 13 - Dec 1<br/>Dec 3</b> | Personality Disorders<br><i>Launchpad Quizzes due December 3 at 11:59 PM</i><br><i>Class discussion on Zoom</i><br><i>Group 1: Tuesday Dec 1</i><br><i>Group 2: Thursday Dec 3</i>   | Ch 13                   |

**EXAM 3 TBD: EXAM PERIOD (Dec 7 – 20, 2020)**