



PSYO 344 (PSYCHOPATHOLOGY II) COURSE OUTLINE (2017/2018 WINTER TERM 2)

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Office Hours: Thursdays 1:00 - 3:00 pm; or by appointment

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UBCO Calendar Description: General issues concerning mental health and mental disorders. Contemporary issues pertaining to specific aspects of some psychological disorders. Ethical issues pertinent to clinical psychopathology. Lectures emphasize a multi-disciplinary perspective. [3-0-0]

Pre-requisites: PSYO 343 (or equivalent; e.g., PSYC 300A). If you do not have the pre-requisites, you must see me right away.

Course Overview: PSYO 344 is designed to provide you with an overview of the forms of psychopathology that can occur. The course will focus upon contemporary issues pertaining to specific aspects of the following classes of disorders: substance use disorders, eating disorders, gender dysphoria and sexual disorders, neurodevelopmental disorders, neurocognitive disorders, psychotic disorders, and personality disorders. In addition, some general issues concerning mental health/disorders will be discussed (e.g., ethics and legal issues pertaining to mental health disorders). Lectures and class discussions will draw upon the methodological and theoretical issues addressed in Psych 343 (Psychopathology I) and will emphasize a multidisciplinary perspective.

Learning Objectives and Outcomes: By the end of the semester, it is anticipated that you will have:

- An enhanced awareness and understanding of mental health and the mental health disorders addressed in PSYO 344, including factors that promote mental health and those that put someone at increased risk for developing a mental health disorder;
- An understanding of the ethical and legal issues that pertain to mental health disorders;
- An enhanced understanding of, and sensitivity to mental health-related stigma;
- The ability to access and use current research concerning specific mental health issues;
- The ability to communicate academic/scientific information using APA format; and
- The ability to communicate academic/scientific information to the lay community.

Assigned Readings: Beidel, D.C., Bulik, C.M., Stanley, M.A., & Taylor, S. (2018). *Abnormal psychology* (Canadian edition). Don Mills, ON: Pearson Canada Inc. Note: the textbook is available

* The TAs will not be holding regularly scheduled office hours. If you would like to meet with one of them, please email either Kaylee or Kim to set up an appointment.

in different formats – hard cover, binder-ready (soft-cover), and e-text. Use whichever format you prefer but make sure that it is the Canadian edition!

Additional articles may be assigned throughout the semester. References will be posted on the PSYO 344 Connect website or presented in class.

We will also be using *REVEL*, a web-based resource associated with the textbook that is hosted by Pearson Canada Inc. If you buy the text from the UBC Bookstore, the book will come with a REVEL access card. If you buy the text from another source, you may need to ensure that it comes with an access card or buy a separate access card. Please note that if you took PSYO 343 last semester (i.e., 2017/2018 Terms 1), you do not have to buy a second access card for PSYO 344. Information about registering for the PSYO 344 REVEL site is available on the PSYO 344 Connect site.

It is hoped that using REVEL will help to improve your learning efficacy, your confidence in your mastery of the material, and more generally, your PSYO 344 experience. For each chapter, there are a variety of resources, including videos, study resources (including critical thinking questions), end-of-module brief quizzes, etc. As discussed below (see Evaluation), you will be required to complete the end-of-chapter e-quizzes. While you are not required to complete or use any of the other exercises/resources, you are strongly encouraged to. They can be helpful in clarifying some of the material or helping you to apply the material.

Please be aware that you are responsible for understanding the assigned reading material. If you have any questions about the material, you need to seek out the answers -- by raising your questions in class, by seeing one of the TAs (Kaylee or Kim) or me outside of class, by doing independent reading, posting your question on the Discussion page of the PSYO 344 Connect site, etc.

Class Format: This course is lecture-based. The lectures are designed to extend and enrich the material presented in the assigned readings. You will get much more out of the lectures if you have completed the assigned readings before the scheduled class, and are prepared to discuss and relate the readings to the material presented in class. PowerPoint slides for each lecture will be posted in advance of the class. I will try to post them the night before the class. However, there may be times when they are posted shortly before the scheduled class.

Clickers: We will be using i>Clicker technology in this class. The “clicker” is a response system that allows you to respond to certain questions posed during the class. A frequency distribution chart of everyone’s answers can then be presented to the class. To this end, you are required to purchase an i>Clicker remote for this class. **Please register your i>Clicker remote online ASAP!** We will start using the clickers on Tuesday, January 9th. Failure to do this will result in clicker marks not being recorded and you not getting the appropriate credit. I expect to use the clickers in the vast majority of classes (if not every class). Please bring it with you to all classes. You are responsible for having it when you need it.

Information about registering and using clickers is posted on the PSYO 344 Connect site. If you have a new iClicker (i.e., one that has not previously been registered under your name), you will need to register it. Please click on Connect icon to access the registration form.

If someone in class asks you to use their clicker (and yours) because they are unable to attend the class, ***don't!*** If you get caught, you and the person who is absent will be penalized. At a minimum,

you will receive zero for that day's clicker questions. Depending upon the circumstances, the penalty may be stiffer (e.g., zero for that component of your final course grade).

Evaluation Criteria: Mastery of course material and your ability to apply your knowledge will be evaluated as follows:

Clicker questions	2%
End-of-chapter e-quizzes (REVEL)	8%
Exam I	20%
Exam II	22%
Exam III (April exam period)	23%
Assignment	25%

Clicker Questions: Questions will occasionally be posted, using the iClicker technology, during class sessions. The questions will be used to facilitate class discussion. To this end, the distribution of responses will be shown immediately afterwards or at the beginning of the following class. It is important to note that most of the questions will be experiential or attitudinal in nature. Sometimes, questions will be used to help me gauge the extent to which the class has understood the presented material. All clicker questions, regardless of type, will be graded strictly in terms of participation; that is, did you answer the question or not. Moreover, responses are anonymous. That is, your specific responses are not recorded; instead, all that is recorded is whether or not you answered the question.

One of the two points will reflect the proportion of class sessions in which you answered clicker questions. You will be allowed to miss two sessions without penalty. That is, I anticipate that clicker questions will be asked in 22 classes. Accordingly, I will calculate this part of the clicker grade out of 20. You can earn a maximum of 1.0 point.

The second clicker point will be based upon 90% of the questions, to a maximum of 1.0 point. For example, if 50 questions are asked over the course of the semester, your mark will reflect the number of questions that you answered out of 45. Thus, if you respond to 40 of the questions, you will receive 1.8 points. If you answer 45 (or more) questions, you will receive 1.0 point.

End-of-chapter REVEL e-quizzes: There are eight e-quizzes (one per chapter) that have been assigned. Each quiz will consist of approximately 20 multiple-choice questions. You have one chance per question. Each quiz will be worth 1% of your final 344 grade.

The deadline for each e-quiz will be 11:59 p.m. on the day following the last lecture based on each chapter (see syllabus and REVEL site). That is, you must submit your completed quiz by the deadline. Each quiz will be released (i.e., available to you) three weeks in advance of the deadline.

Exams: Your understanding of the material presented in the lectures (including class discussions) and assigned readings will be assessed, in part, with three exams. The format of the exams will consist of a mixture of multiple-choice and short-answer questions. The exams are not cumulative. Please note that Exam III (2 hours) will be written during the scheduled exam period (April 9 - 24, 2018).

Make-up exams will **only** be permitted for valid reasons (i.e., illness, death in the family). You may be asked to provide professional documentation to confirm why you missed the exam (e.g., doctor's note

with phone number). You must contact me as soon as possible (preferably before the exam) -- leave a voicemail (250-807-8736) or send me an email at the following address: carolyn.szostak@ubc.ca. It is imperative that you re-schedule the missed exam (assuming that you have a valid reason) as soon as possible. Exams cannot be written once I have returned exams.

Assignment: Similar to last semester's assignment, this term's project is focused upon creating psycho-educational information for a targeted audience (generally, a lay audience). Detailed information about the project, including how it will be evaluated, is provided in a separate handout.

Briefly, the project will involve working with one other student. Each team will create an information sheet, a single page (double-sided, single-spaced), concerning the selected topic and an associated list of references (modified APA format). The information sheet is to be written in a manner that will be accessible by the general public (e.g., reading level no greater than Grade 10). While the information sheet may include some pictures, it should be predominantly a text-based presentation.

An alternative assignment involving groups of 3-4 students is described in the Assignment handout. Briefly, this project will involve creating an information sheet (double-sided, single-spaced) and an associated PowerPoint slide presentation.

All projects must be related to a disorder or issue that is addressed in PSYO 344 (excluding Personality Disorders (Chapter 11). You need to have your team and topic approved by me before commencing work on the project (no later than 4:00 pm January 25th). Please be aware that there are some topics that I will not approve. My decision will, in part, be based upon the available research related to the proposed topic. You also cannot do your project on a topic that is related to an assignment that you have completed (or are completing) in another course.

Note: All grades will be assigned in accordance with the system described in Section V (Academic Regulations - Grading Practices) of the 2017-2018 UBCO Calendar (see <http://okanagan.students.ubc.ca/calendar/index.cfm?tree=3,41,90,1014>).

Class Etiquette: While it is not mandatory that you attend all classes, it is strongly encouraged. Irregular attendance will, in all likelihood, be associated with poorer performance on exams.

Please be aware that when you attend class, you are expected to be an active participant. That is, your attention should be focused upon the lecture and class discussions. In this regard, if you use a laptop computer (or related electronic device), please ensure that you use it exclusively for note taking. It is not appropriate to be surfing the Internet, using social media sites, reading/writing email, playing games, etc. while in class. These behaviours are disrespectful and disruptive – to me and to your peers.

Please turn off your cell phone before coming to class. Do not text message (receive or send) while you are in class. If you are late for class, please be discrete when entering. That is, try to take a seat near the door, end of a row, or at the back of the class. If you know that you need to leave early, please sit somewhere that is easy to exit from (i.e., with minimal disruption).

It is my sincere hope that students will feel free to ask questions and offer comments concerning the material presented in class. Unfortunately, there may be times that I have to limit discussion. If you

have unanswered questions or would like to pursue a specific line of discussion, please see me after class, send me an email, etc.

Finally, it is important to note that, at times, some students may choose to reveal personal experiences that pertain to the lecture/class discussion. Please treat such disclosures with respect and consider them as private communications.

Pertinent UBCO Policies and Services:

Final Examinations: The examination period for Term 2 of Winter 2016 is April 10 – 28, 2017 (Saturdays are included in the examination schedule, except the Saturday between Good Friday and Easter Monday in 2017). Except in the case of examination clashes and hardships (three or more formal examinations scheduled within a 24-hour period) or unforeseen events, students will be permitted to apply for out-of-time final examinations only if they are representing the University, the province, or the country in a competition or performance; serving in the Canadian military; observing a religious rite; working to support themselves or their family; or caring for a family member. Unforeseen events include (but may not be limited to) the following: ill health or other personal challenges that arise during a term and changes in the requirements of an ongoing job. Further information on Academic Concession can be found under Policies and Regulation in the *Okanagan Academic Calendar* <http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,48,0,0>

Academic Integrity: The academic enterprise is founded on honesty, civility, and integrity. As members of this enterprise, all students are expected to know, understand, and follow the codes of conduct regarding academic integrity. At the most basic level, this means submitting only original work done by you and acknowledging all sources of information or ideas and attributing them to others as required. This also means you should not cheat, copy, or mislead others about what is your work. Violations of academic integrity (i.e., misconduct) lead to the breakdown of the academic enterprise, and therefore serious consequences arise and harsh sanctions are imposed. For example, incidences of plagiarism or cheating may result in a mark of zero on the assignment or exam and more serious consequences may apply if the matter is referred to the President's Advisory Committee on Student Discipline. Careful records are kept in order to monitor and prevent recurrences.

A more detailed description of academic integrity, including the University's policies and procedures, may be found in the Academic Calendar at <http://okanagan.students.ubc.ca/calendar/index.cfm?tree=3,54,111,0>.

UBC Okanagan Disability Resource Centre: The Disability Resource Centre ensures educational equity for students with disabilities, injuries or illness. If you are disabled, have an injury or illness and require academic accommodations to meet the course objectives, please contact Earllene Roberts, the Diversity Advisor for the Disability Resource Centre located in Commons Corner in the University Centre building (UNC 227).

UNC 227A 250.807.9263

email earllene.roberts@ubc.ca

Web: www.ubc.ca/okanagan/students/drc

UBC Okanagan Ombuds Office: The Ombuds Office offers independent, impartial, and confidential support to students in navigating UBC policies, processes, and resources, as well as guidance in resolving concerns related to fairness.

UNC 227B 250.807.9818

email: ombuds.office.ok@ubc.ca

Web: <http://ombudsoffice.ubc.ca/ubc-okanagan-2/>

UBC Okanagan Equity and Inclusion Office: UBC Okanagan is a place where every student, staff and faculty member should be able to study and work in an environment that is free from discrimination and harassment. UBC prohibits discrimination and harassment on the basis of the following grounds: age, ancestry, colour, family status, marital status, physical or mental disability, place of origin, political belief, race, religion, sex, sexual orientation or unrelated criminal conviction. If you require assistance related to an issue of equity, discrimination or harassment, please contact the Equity and Inclusion Office.

UNC 227C 250.807.9291

email: equity.ubco@ubc.ca

Web: www.ubc.ca/okanagan/equity

SAFEWALK

Don't want to walk alone at night? Not too sure how to get somewhere on campus? Call Safewalk at 250-807-8076. For more information, see:

<http://www.ubc.ca/okanagan/students/campuslife/safewalk.html>

Course Syllabus: The following is the tentative schedule of lectures. The specific topics are subject to change. Except under extenuating circumstances, the exam dates are not subject to modification. Any changes made to the syllabus will be announced in class and posted on the PSYO 344 Connect site.

January 4: Course Overview

Part 1 (January 9 – January 25)

January 9: Eating Disorders (Chapter 7)

January 11: Eating Disorders, cont.

January 16: Eating Disorders, cont.
Chapter 7 e-quiz due no later than 11:59 pm on January 17

January 18: Substance Use Disorders (Chapter 9)

January 23: Substance Use Disorders, cont.

January 25: Substance Use Disorders, cont.
Chapter 9 e-quiz due no later than 11:59 pm on January 26

January 30: Exam I (Part 1 assigned readings and associated class lectures)

Part 2 (February 1 – March 1)

February 1: Gender Dysphoria, Sexual Dysfunctions, & Paraphilic Disorders (Chapter 8)

February 6: Gender Dysphoria, etc., cont.

February 8: Gender Dysphoria, etc., cont.
Chapter 8 e-quiz due no later than 11:59 pm on February 9

February 13 and 15: No classes (Study Break)

February 20: Neurodevelopmental, Disruptive, Conduct, & Elimination Disorders (Chapter 12)

February 22: Neurodevelopmental Disorders, etc., cont.

February 27: Neurodevelopmental Disorders, etc., cont.
Chapter 12 e-quiz due no later than 11:59 pm on February 28

March 1: Aging & Neurocognitive Disorders (Chapter 13)

March 6: Aging & Neurocognitive Disorders, cont.
Chapter 13 e-quiz due no later than 11:59 pm on March 7

March 8: Exam II (Part 2 assigned readings and associated class lectures/discussions)

Part 3 (March 8 – April 5)

March 13: Schizophrenia Spectrum and Other Psychotic Disorders (Chapter 10)

March 15: Schizophrenia Spectrum, etc., cont.

March 20: Schizophrenia Spectrum, etc., cont.
Chapter 10 e-quiz due no later than 11:59 pm on March 21

March 22: Legal and Ethical Issues (Chapter 15)

March 27: Legal and Ethical Issues, cont.
Chapter 15 e-quiz due no later than 11:59 pm on March 28

March 29: Personality Disorders (Chapter 11)

April 3: Personality Disorders, cont.

April 5: Personality Disorders, cont.
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Chapter 11 e-quiz due no later than 11:59 pm on April 6

April 9-24: Exam III (Part 3 assigned readings and class lectures/discussions)