



a place of mind
THE UNIVERSITY OF BRITISH COLUMBIA

Personality
PSYO 241 / Winter Term II, 2018-19

INSTRUCTOR: Crystal Mundy, B.Sc. (Hon., Forensic Specialization) [UBCO],
M.A. [UBCO], Clinical Psychology Ph.D. Student
[UBCO]

OFFICE: ASC 285

CONTACT: 250-807-8732 (office); crystalmundy@alumni.ubc.ca

OFFICE HOURS: Appointments by request.

TEACHING ASSISTANTS: Tatiana Sanchez, B.Sc. (Hon.) [McGill], Clinical Psychology
M.A. Student [UBCO]

Contact info: tatiana.sanchez@alumni.ubc.ca

READINGS

Larsen, R. J., Buss, D. M., King, D. B., & Ensley, C. E. (2017). *Personality psychology: Domains of knowledge about human nature* (1st Canadian Ed.). New York, NY: McGraw-Hill Ryerson Limited.

LEARNING OBJECTIVES

The learning objective of this course is to provide a comprehensive and academic overview of the area of personality. It will focus on a variety of personality theories including psychoanalytic, behaviouristic, cognitive, humanistic, and trait perspectives. It will also examine methods of research and provide critical analysis of theoretical foundations and research. The class lectures will review and expand on material from the textbook. A goal of the course is to make you, as an educated person, a critical consumer of information in this area and to provide you with an understanding of what issues are of interest and concern to psychologists and how we go about addressing them through the application of the scientific method.

STUDENT OUTCOMES

By the end of the semester, students should be able to:

- discuss the different paradigms used to explain personality recognizing the diversity of ways personality can be studied.
- recognize the primary research methods employed by each paradigm and explain the advantages and disadvantages of the different research methods.
- identify the major theorists in each of the paradigms.
- describe the major constructs for each theory and the major tenets.

- apply the theoretical constructs to explain behavior and personality, both normal and dysfunctional.
- demonstrate the connection between the different theoretical positions and various treatment approaches used in psychotherapy.
- provide a critical analysis of each theory and/or paradigm.

FORMAT

This course will be taught primarily using the lecture method in combination with discussions and videos. As lectures will often include comments on the assigned reading material and since most class discussions will be based on the readings, it is imperative that the readings be done **before** class according to the schedule.

Attendance at the lectures is also expected under UBC policy. If you must miss a class, you should get the notes from a classmate. Basic lecture slides will be provided prior to each class. I am, of course, available to answer any questions you might have, as is the teaching assistant.

Study guides and strategies that may aid you in various aspects of this course [and others] are also available on the web at <http://www.studygs.net/>.

Students should be prepared to spend *a minimum* of 6 hours per week on learning the course content outside of in-class time (e.g., reading weekly course materials, including PowerPoints and text chapters, as well as preparing for the midterm exam).

COMMUNICATIONS

I will be relying heavily on Canvas and email to communicate with you, so you will need access to the internet [the Library has computers for general student use].

Please send emails to me at crystalmundy@alumni.ubc.ca so that I can use the *Reply* function from your email. For the same reason, please email the TA at the email addresses provided above.

Material that I want you to have will be available on Canvas, as will your grades.

EVALUATION

The Barber School reserves the right to scale grades in order to maintain equity among sections and conformity to University, Faculty, Department, or the School norms. Students should therefore note that an unofficial grade given by an instructor might be changed by the Faculty, Department, or School (<http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,41,90,1014>).

Exams

There are three exams. Exam 1 and Exam 2 are each worth 30% of the final grade. Exam 1 and Exam 2 are to be written during class time and will consist of 60 multiple choice questions and 20 marks of fill in the blank. Exam 3 is worth 40% of the final grade. Exam 3 will be two hours in length and will consist of 80 multiple choice questions and 20 marks of fill in the blank.

Summary

Exam #1	30%
Exam #2	30%
Exam #3	40%
TOTAL	100%

Bonus Marks

Bonus marks [up to 2%] are available to students who participate in psychological research through the volunteer subject pool. I would like to encourage you to participate in the subject pool because not only will you assist researchers and earn some extra marks, you will also be experiencing what it is like to be in a study. This can be a valuable experience that will enrich your understanding of behavioural research. Students who wish to access these bonus marks, but not act as research participants, may elect to do the Sona Term Paper alternative [see Sona handout on Canvas; this is not the term paper model for this course]. Some of the studies give the option of earning course grades or some of other form of compensation for your time [e.g., cash, putting your name in for a prize draw]; if you select that form of compensation you cannot earn bonus marks for that study as well.

PREREQUISITES:

One of PSYO 111, PSYC 111 and one of PSYO 121, PSYC 121.

Under some circumstances, students who do not have these prerequisites may be admitted to the course. Students without required pre-requisites who do not obtain permission from me may not be given credit for the course. In all cases, students who complete courses without prerequisites are not exempt from having to complete the prerequisite courses at some later date if such courses are required for the degree program.

MISSED ASSIGNMENTS/EXAMS

It should be noted that if the date specified for handing in assignments is missed, the mark for that assignment will be reduced by 10% for each calendar day (or part thereof) it is late unless prior approval has been given. In-class examinations **MUST** be written during the designated times; no alternative exam will be available. Students who miss the midterm for legitimate reasons governed by UBC's Academic Concession Policy [See <http://www.calendar.ubc.ca/Okanagan/index.cfm?tree=3,48,0,0>] may have the grade from the midterm shifted to the final exam.

FINAL EXAMINATIONS

The examination period for Term 2 of Winter 2018-19 is April 8-26. Except in the case of examination clashes and hardships (three or more formal examinations scheduled within a 24-hour period) or unforeseen events, students will be permitted to apply for out-of-time final examinations only if they are representing the University, the province, or the country in a competition or performance; serving in the Canadian military; observing a religious rite; working to support themselves or their family; or caring for a family member. Unforeseen events include (but may not be limited to) the following: ill health or other personal challenges that arise during a term and changes in the requirements of an ongoing job.

Students who miss, or plan to miss the final exam, must consult the office of the Associate Dean, Curriculum and Student Affairs and follow the University's policies on out-of-time exams. See http://www.ubc.ca/okanagan/ikbarberschool/_shared/assets/outoftimefinalexamrequest6255.pdf

Further information on Academic Concession can be found under Policies and Regulation in the *Okanagan Academic Calendar* <http://www.calendar.ubc.ca/okanagan/index.cfm?tree=3,48,0,0>

ACADEMIC INTEGRITY

The academic enterprise is founded on honesty, civility, and integrity. As members of this enterprise, all students are expected to know, understand, and follow the codes of conduct regarding academic integrity. At the most basic level, this means submitting only original work done by you and acknowledging all sources of information or ideas and attributing them to others as required. This also means you should not cheat, copy, or mislead others about what is your work. Violations of academic integrity (i.e., misconduct) lead to the breakdown of the academic enterprise, and therefore serious consequences arise and harsh sanctions are imposed. For example, incidences of plagiarism or cheating usually result in a failing grade or mark of zero on the assignment or in the course. Careful records are kept in order to monitor and prevent recidivism.

A more detailed description of academic integrity, including the policies and procedures, may be found at <http://web.ubc.ca/okanagan/faculties/resources/academicintegrity.html>.

As indicated above, I take these issues very seriously since I see them as a violation of our personal trust relationship. **If you have any questions about how academic integrity applies to this course, please talk to me.** It should be obvious that we are operating on the basis of mutual, personal trust. I am expecting you to act ethically just as you are expecting me to do the same.

DISABILITY RESOURCES

If you require disability related accommodations to meet the course objectives please contact the Coordinator of Disability Resources located in the Student Development and Advising area of the Student Services building. For more information about Disability Resources or about academic accommodations please visit the following website: <http://okanagan.students.ubc.ca/current/disres.cfm>.

EQUITY, HUMAN RIGHTS, DISCRIMINATION AND HARASSMENT

UBC Okanagan is a place where every student, staff and faculty member should be able to study and work in an environment that is free from human rights-based discrimination and harassment. UBC prohibits discrimination and harassment on the basis of the following grounds: age, ancestry, colour, family status, marital status, physical or mental disability, place of origin, political belief, race, religion, sex, sexual orientation or unrelated criminal conviction. If you require assistance related to an issue of equity, discrimination, or harassment, please contact the Equity and Inclusion Office – Okanagan and/or your department head.

Equity and Inclusion Office - Okanagan. Phone: 250-807-9291; Toll-free: 1-866-596-0767 ext. 2-6353. Email: equity.ubco@ubc.ca Web: www.ubc.ca/okanagan/equity

SEXUAL VIOLENCE PREVENTION AND RESPONSE OFFICE

A safe and confidential place for UBC students, staff and faculty who have experienced sexual violence regardless of when or where it took place. Just want to talk? We are here to listen and help you explore your options. We can help you find a safe place to stay, explain your reporting options (UBC or police), accompany you to the hospital, or support you with academic accommodations. You have the right to choose what happens next. We support your decision, whatever you decide. Visit svpro.ok.ubc.ca or call us at 250.807.9640

INDEPENDENT INVESTIGATIONS OFFICE

If you or someone you know has experienced sexual assault or some other form of sexual misconduct by a UBC community member and you want the Independent Investigations Office (IIO) at UBC to investigate, please contact the IIO. Investigations are conducted in a trauma informed, confidential and respectful manner in accordance with the principles of procedural fairness. You can report your experience directly to the IIO via email: director.of.investigations@ubc.ca or by calling 604.827.2060 or online by visiting investigationsoffice.ubc.ca

OFFICE OF THE OMBUDSPERSON FOR STUDENTS

The mandate of the Ombuds Office is to ensure that students are treated fairly in every aspect of their university life. The office is a safe and confidential place where students can get assistance and guidance on existing resources and processes, and help in resolving conflicts related to fairness issues. If you require assistance, please contact the Office of the Ombudsperson: ombuds.office@ubc.ca | 604-822-6149 www.ombudsoffice.ubc.ca

SAFEWALK

Don't want to walk alone at night? Not too sure how to get somewhere on campus? Call Safewalk at 250-807-8076. For more information, see: <http://www.ubc.ca/okanagan/students/campuslife/safewalk.html>

USEFUL CONTACTS**THESE ARE ALL UBC NUMBERS, SO THEY START WITH 250-80****Very Important Numbers**

First Aid / Emergency	78111
Security (non-emergency)	79236
IT Services Helpdesk	79000

Contacts for Students

Marla MacDonald, Psychology Secretary	79258	ART 321
Trudy Kavanagh, Associate Dean [Students]	78754	ASC 449

Places to Refer Students

Psychology Program Advisors		
Jan Cioe	78732	ASC 285
Barb Rutherford	78734	ART 318
Academic Advising	79100	UNC 207
Disability Resource Centre	79263	UNC 227
Psychology Course Union		ART 281
Math and Science Centre		UNC 201
Writing and Research Centre	79185	LIB 237
Health and Wellness	79270	UNC 337
Equity Office	79291	FIP 302
Safewalk	78076	

Useful People to Talk To

Cindy Bourne, Co-ordinator-Learning Centre	78065	UNC 325H
Janine Hirtz, e-Learning Support	79133	SCI 200
Liz Hilliard, Manager, Campus Life	79012	UNC 329B
Terina Mailer, Senior Academic Advisor	78726	UNC 207D

DATE **TOPIC & READINGS**

Jan. 2	Course outline and structure
4	Introduction to Personality Psychology (Ch. 1)
9	Personality, Assessment, Measurement, and Research Design (Ch. 2)
11	Cont'd
14	Last day to withdraw <u>without</u> a W on your record and full refund of tuition.
16	CLASS CANCELLED
18	Traits and Trait Taxonomies (Ch. 3)
23	Cont'd
25	Personality Dispositions Over Time (Ch. 5)
30	Cont'd
Feb. 1	EXAM #1 (Chapters 1, 2, 3, 5)
6	Genetics and Personality (Ch. 6)
8	Cont'd
13	Physiological Approaches to Personality (Ch. 7)
15	Cont'd
20	Midterm Break: NO CLASS
22	Midterm Break: NO CLASS
27	Psychoanalytic Approaches to Personality (Ch. 9)
Mar. 1	Cont'd
6	Motives and Personality (Ch. 11)
8	EXAM #2 (Chapters 6, 7, 9, 11)

11	Last day to withdraw from class with W via SSC.
13	Cognitive Topics in Personality (Ch. 12)
15	Approaches to the Self (Ch. 14)

20	Personality and Social Interaction (Ch. 15)
22	Stress, Coping, Adjustment, and Health (Ch. 18)

27	Disorders of Personality (Ch 19)
29	Cont'd

Apr 3.	Review [if I am on time ☺]
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8-26	Exam #3 (Chapters 12, 14, 15, 18, 19)
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